## HEMATOPOIETIC STEM CELL TRANSPLANTATION: UPDATING THE OLD CLOSET

## RICHARD W. CHILDS M.D. BETHESDA MD

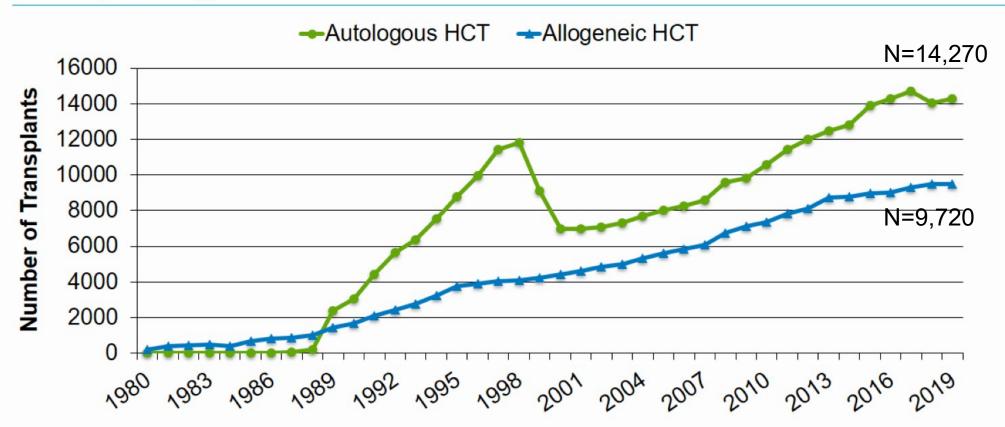
## **Learning Objectives**

- To review Allogeneic Transplants in 2021
  - State of the art
  - Transplant types, outcomes and trends
- To update the status of Haplo-transplants- Everything you need to know
- To review outcomes with Cord Blood transplants compared to Haplo Transplants- which is better
  - CTN1101 tells us......
- To update strategies to prevent and treat GVHD:
  - New transplant approaches to prevent acute GVHD
  - New approaches besides steroids for managing acute GVHD
  - New approaches to managing steroid refractory GVHD and chronic GVHD

## Dr. Richard W. Childs disclosures:

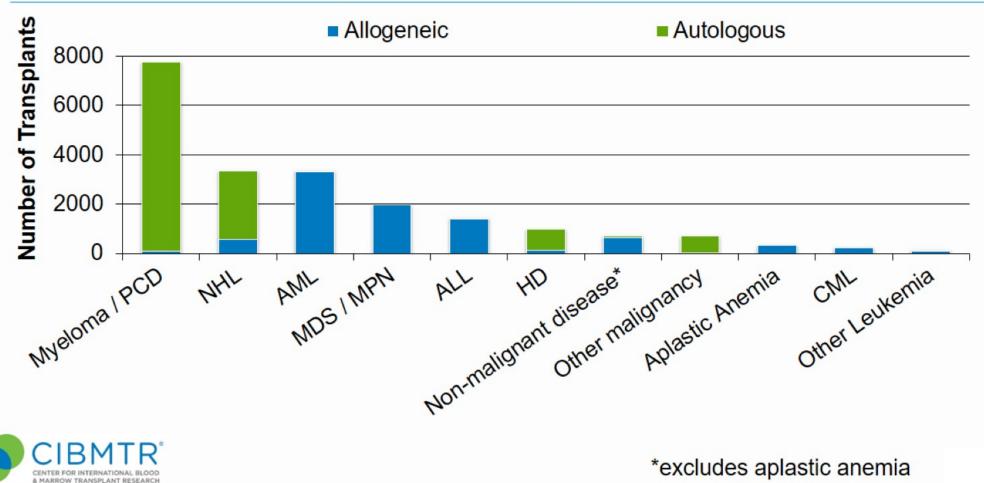
None

## Estimated Annual Number of HCT Recipients in the US by Transplant Type





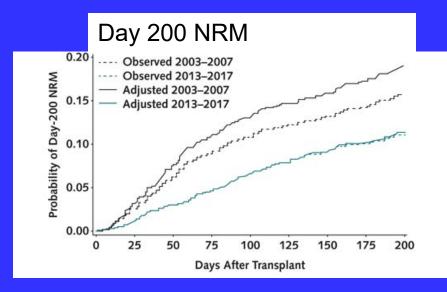
### Indications for Hematopoietic Cell Transplant in the US, 2019

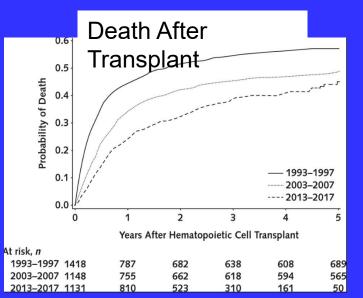




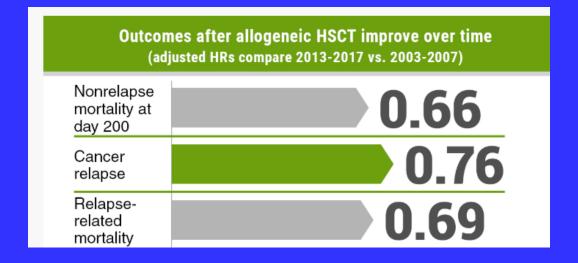
\*excludes aplastic anemia

## Major Improvements in Transplant Safety Over the Past 2 Decades



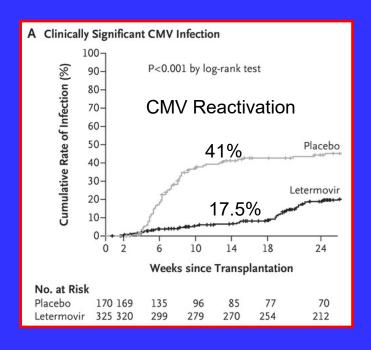


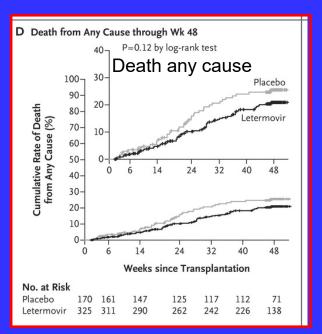
2003-2007-n=1148 2013-2017- n=1131



## Major Improvements in Transplant Outcomes Over the Past 2 Decades

- First FDA approved drugs to treat GVHD
  - <u>Ibrutinib</u> demonstrated ORR 67% cGVHD (CR=21%, PR=45%)
    - Miklos, D et al, Blood-Sept 2017
  - Ruxolitinib 73% response for SR acute GVHD- FDA approved May 24, 2019.
- Letermovir approved (2017) to prevent CMV reactivation post-HCT
  - Reduced risk of CMV reactivation from 41% to 17% compared to placebo





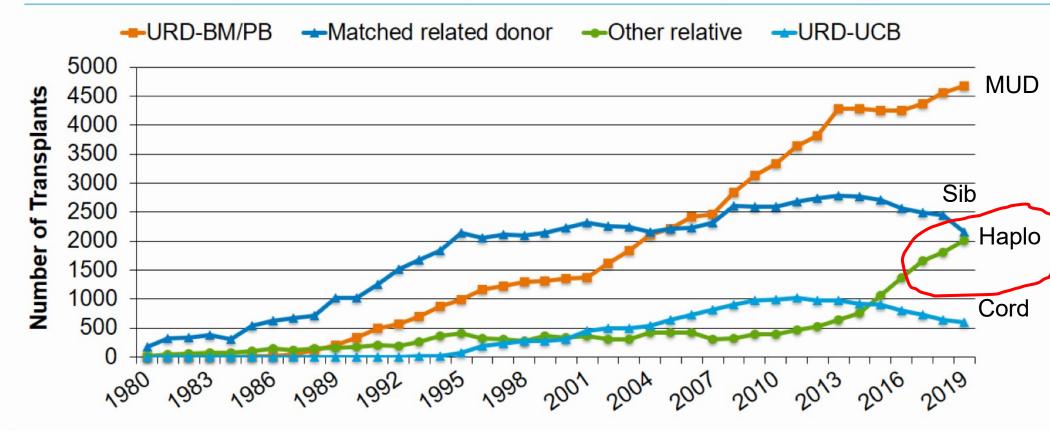
### Trends in Allogeneic HCT in the US by Recipient Age^





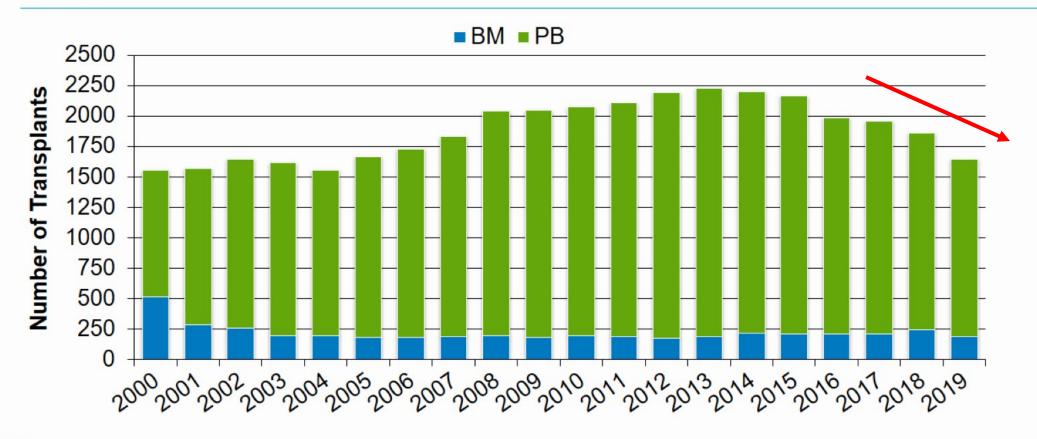
^Transplants for AML, ALL, MDS, NHL, HD, MM

## Estimated Allogeneic HCT Recipients in the US by Donor Type



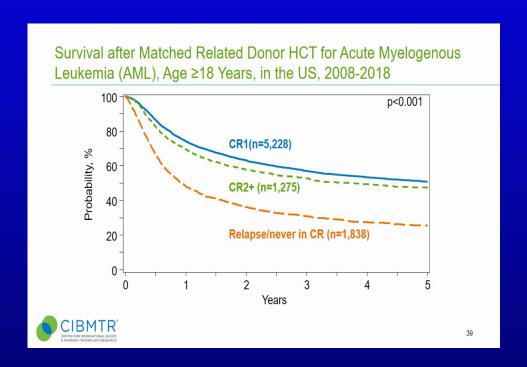


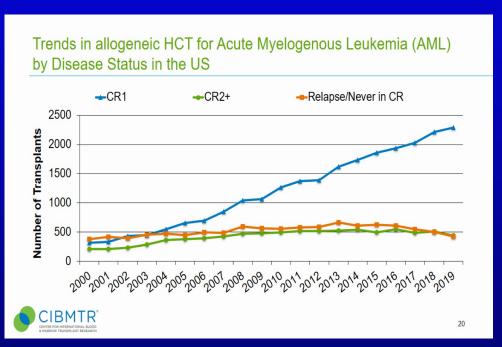
## Matched Related Donor Allogeneic HCT in the US in Patients ≥18 Years





## Allogeneic Transplant For Hematological Malignancies: The Earlier the Better!!





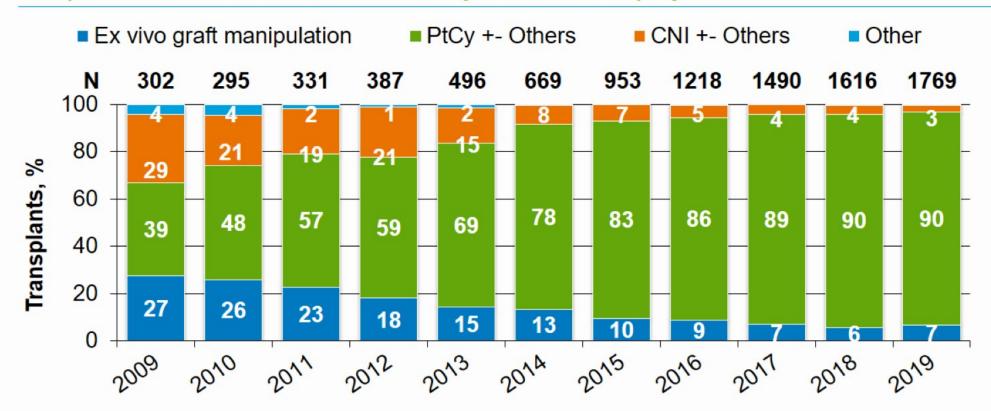
Reduced transplant-related mortality and lower relapse with the earlier use of transplants has led to an increasing use of allogeneic transplants upfront for AML in CR-1

## Haplo-Transplants: Current Status and Trends

Post-Transplant Cyclophosphamide Has Revolutionized Haplo Transplants

## Most Haplo-Transplants Use Post Transplant Cytoxan

## Haploidentical HCT in the US by GVHD Prophylaxis

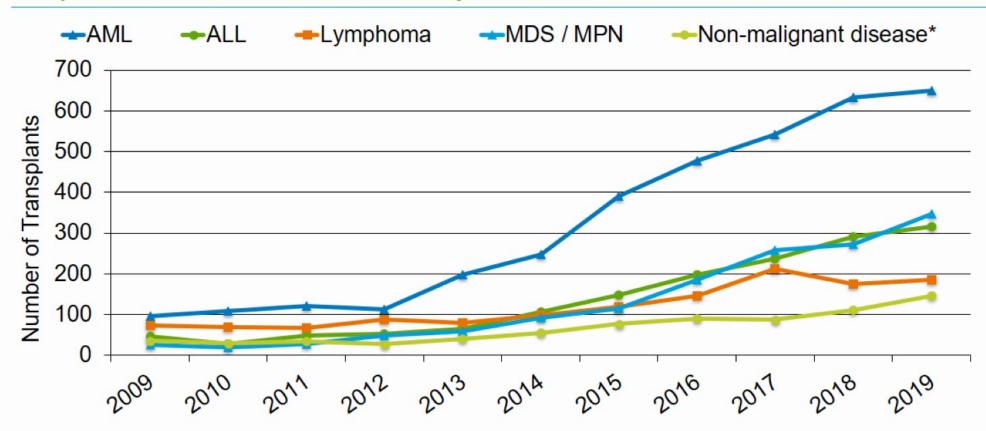




Abbreviations - PtCy: Post-transplant cyclophosphamide; CNI: calcineurin inhibitor

## Use Of Haplo-Transplants Increasing For Multiple Disease Categories

## Haploidentical HCT in the US by Disease

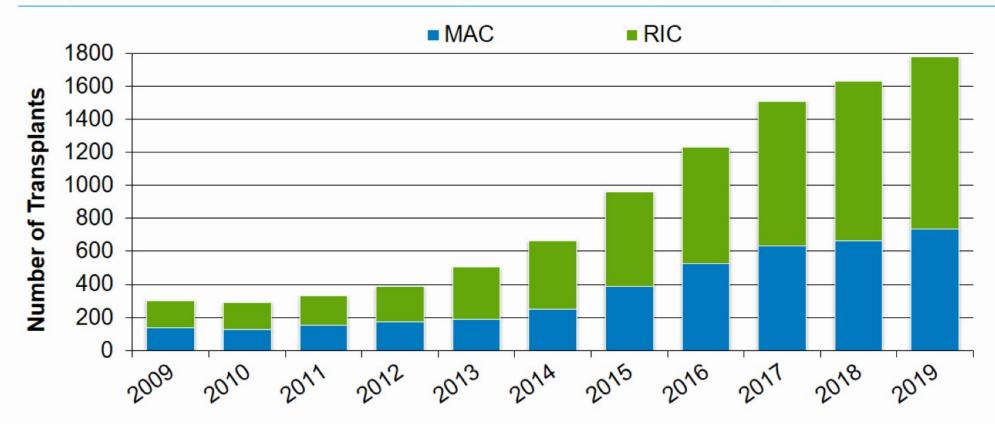




\*Not including aplastic anemia

## Slightly More RIC Haplo-Transplants Than Myeloablative Transplants

## Haploidentical HCT in the US by Conditioning Intensity

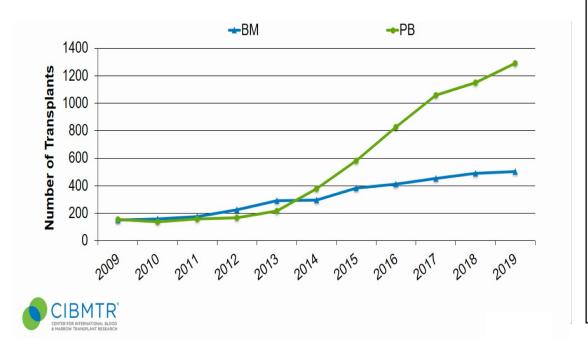




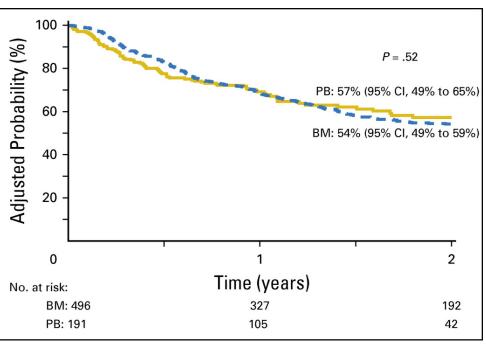
MAC: myeloablative conditioning, RIC: reduced intensity conditioning

# Haplo Transplants and Graft Source: More PBSC then BM With Similar Outcome





## Haplo-Transplants and Graft Source and Survival



Bashey et al, JCO 2017

## Who IS the Optimal Donor To Choose For Haplo Transplants Relative

Fact: In transplants from HLA matched donors (related and unrelated), best outcomes are associated with

- Donors that have the best HLA match
- Donors who are younger (<30 years MUD)</li>
- Avoiding a female donor into a male recipient (results in less GVHD)

Fact: Recipients of Haplo Transplants typically have many potential family donors to choose from

#### **Choosing the best Donor:**

- PFS and survival not impacted by donor age, gender, relationship of the donor to the recipient, degree of HLA mismatch or ABO incompatibility, prior donor pregnancy
- These data support the concept that any haplo-identical family member can be used as a donor (avoiding DSA).

## Multivariate Analysis of Risk Factors for Acute Grade II-IV GVHD and Chronic GVHD After Haplo-transplant

### **Study**

 CIBMTR Study 646 pts between 2013-2016

#### Results

- Acute GVHD not impacted by degree of HLA match, type of relative, female into male, CD3 dose, Type of conditioning or graft source (PB vs BM
- Donor age >29 years associated with more acute GVHD- so chose haplodonors under 29 if possible
- Peripheral Blood RIC associated with more cGVHD

### **Donor Age**

- <u>G2-4:</u> 30-49 v <29
  - (HR 1.53, CI 1.11-2.12,
  - P=0.01)
- G3-4: 50 v <29
  - (HR 3.89, CI 1.81-8.35,
  - P = 0.0005)

## Cord vs Haplo: Which is Better?

### **Pros for Both Cords and Haplo Transplants**

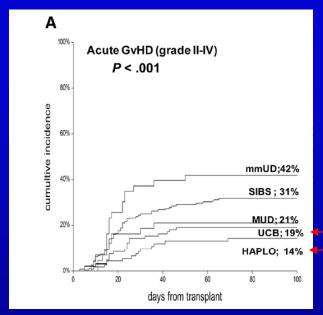
- Almost all Adults will have a haplo donor available or a cord unit that is suitable for transplantation.
- Acute and chronic GVHD rates are very low with both approaches

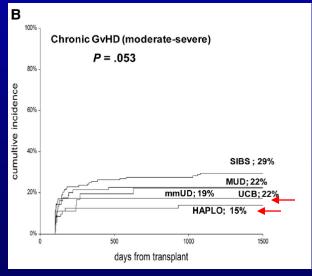
#### **Cons For Cords:**

- Cost approx. \$50,000 per graft
- Slow engraftment rates
- 15% graft failure rate
- Delayed recovery in T-cell immunity= viral complications

### **Cons for Haplos:**

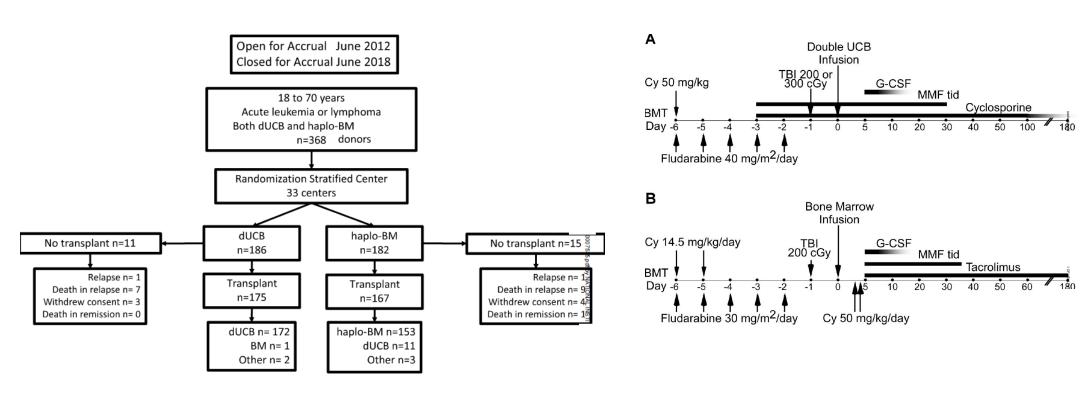
- Relapse rate may be higher??
- Graft rejection problematic for some diseases



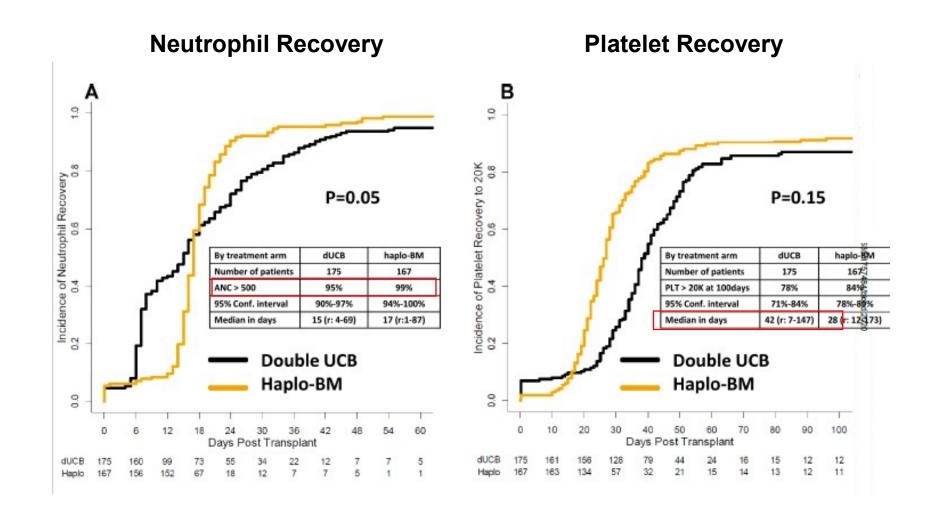


### Study:

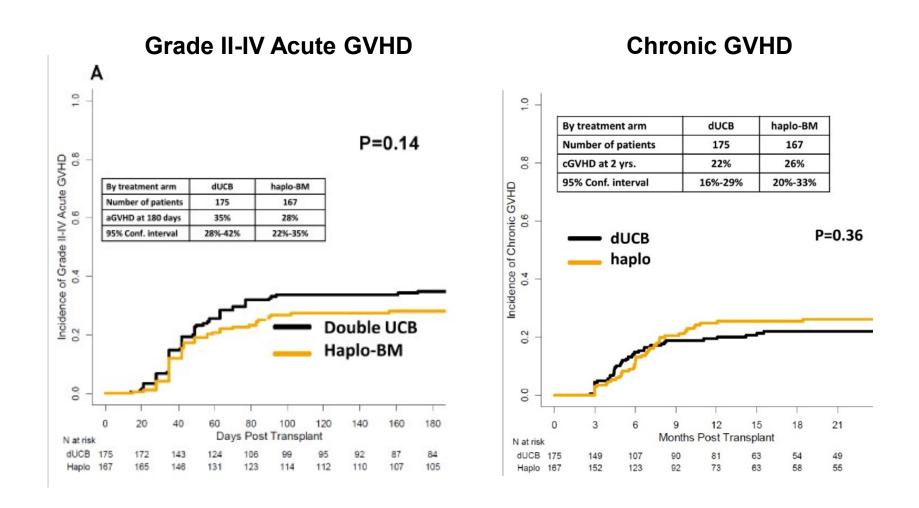
- June 2012- through June 2018
- 368 pts randomized to dual cord transplant vs haplo-Cy transplant using RIC
- Age 18-70 years
- Diseases: acute leukemia in remission or chemotherapy sensitive lymphomas



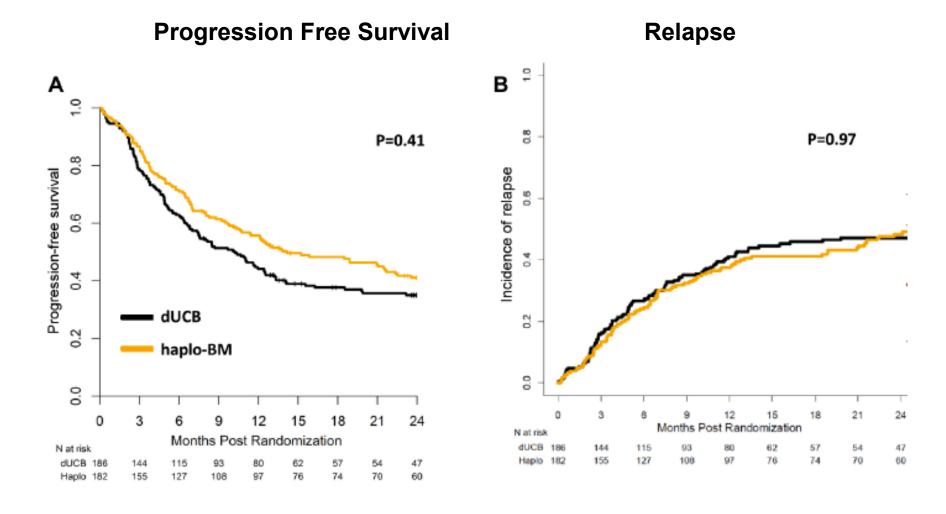
Fuchs E. et al Blood 2021: 137:420428



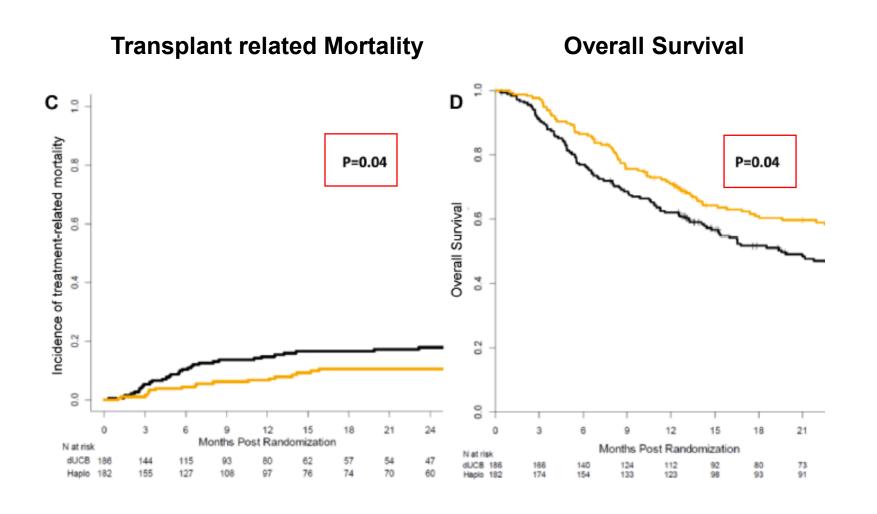
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## **Conclusions:**

- There was no significant difference in progression-free survival between cord blood and haploidentical transplantation for leukemia or lymphoma
- Engraftment rates and relapse were similar between transplant approaches
- Haplo transplants had lower non-relapse mortality rates which resulted in superior overall survival
- These data favor the use of haploidentical marrow over cord blood transplantation

Fuchs E. et al Blood 2021: 137:420428

# **GVHD Historically Has Been A Major Contributor to Transplant Related Mortality**





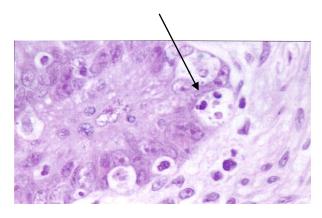
### **Acute GVHD**

1. GI Tract: Diarrhea

2. Liver: Jaundice

3. Skin: Rash





**GVHD** of the Colon

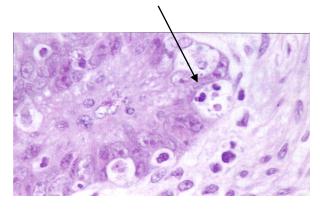
Pictures from the files of Dr. Richard Childs

# **GVHD Historically Has Been A Major Contributor to Transplant Related Mortality**

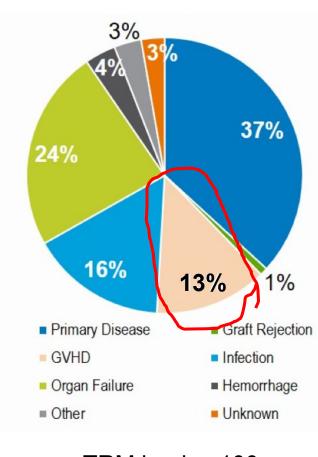








**GVHD** of the Colon

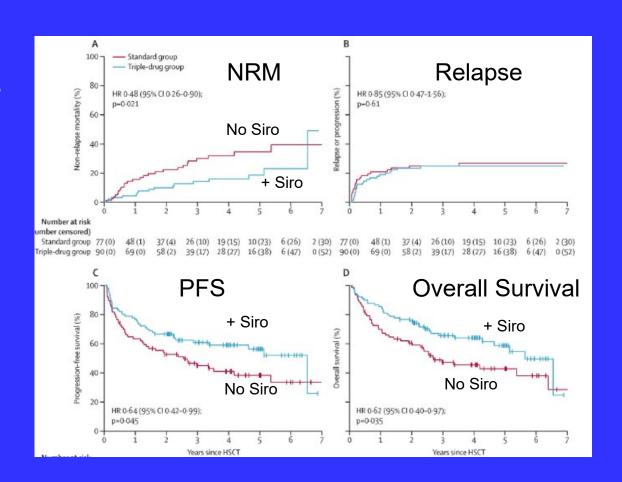


TRM by day 100 13% caused by GVHD CIBMTR Data 2021

# Prevention of GVHD: Adding Sirolimus to Standard CSA/MMF Reduces GVHD and Improves Survival After RIC Allo HCT

### **Post-Transplant Cytoxan resulted in**

- 1. Lower grade III-IV GVHD (9% vs 19%; P<0.04)
- 2. Trend towards less NRM (16% vs 29%; p=0.06)
- 3. Improved LFS (55% vs 34%; p<0.05)
- 4. Trend towards improved OS (56% vs 38%;p=0.07)
- 5. Improved GVHD free/Relapse free survival (37% vs 21%; p<0.03)



## Treatment of Acute And Chronic GVHD: Steroids Represent Mainstay of Therapy

#### **Pros:**

Rapid onset of action: <24 hours</li>

#### Cons:

- Only 50%-70% Response Rate
- Substantial morbidity related to use
  - Opportunistic infection: Lethal fungal infections
  - Hypertension
  - Diabetes
  - Osteopenia
  - Cataracts
  - Myalgia

<u>Hypothesis</u> -pts presenting with acute GVHD can be effectively treated with sirolimus as opposed to steroids: **CTN BMT 1501** 

## BMT CTN 1501 Trial

### **Study Design:**

Patients: standard-risk acute GVHD

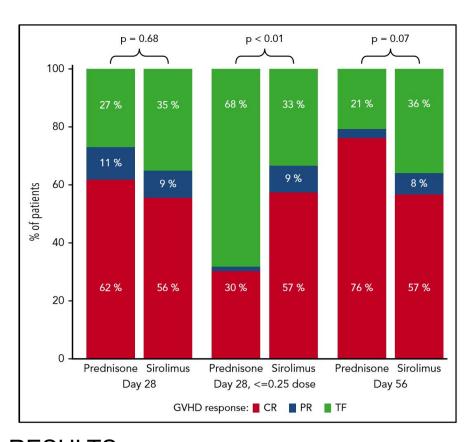
### Intervention:

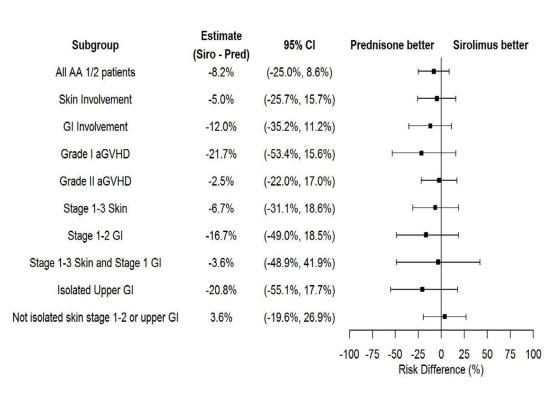
- Study Drug: sirolimus (goal 10-14 ng/mL until GVHD resolution, then 5-10 ng/mL after resolution until day 56), followed by taper x less than 3 months. Can have concurrent calcineurin inhibitors.
- <u>Control</u>: prednisone 2 mg/kg/day, required to be on for at least 3 days, followed by taper. Suggested taper x 7 weeks.

### • Objectives:

- Primary endpoint: difference between day 28 CR/PR rates in aGVHD
- Secondary endpoints: the rate of day 28 CR/PR with prednisone dose 0.25 mg/kg/day or less (treatment failure rate), chronic GVHD incidence, infection, EFS, relapse, death, DFS and OS, NRM
- <u>Target sample size</u>: 120, to achieve a 90% confidence interval (CI) half width of 15% for the difference in day 28 CR/PR rates between groups

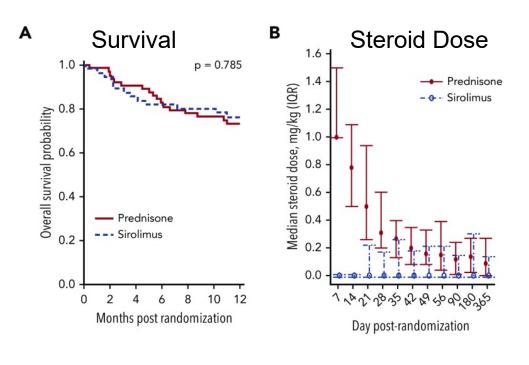
## BMT CTN 1501 Trial

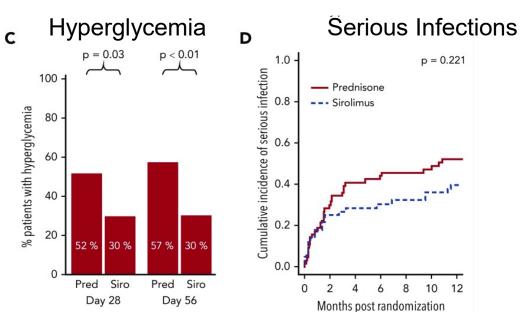




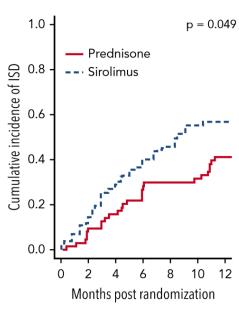
#### **RESULTS**:

- Day 28 CR rates for sirolimus vs prednisone similar
- Day 28 CR rates for sirolimus vs < 0.25 mg/kg higher with sirolimus</li>
- Day 56- Nonresponse was significantly higher in the sirolimus group
  - 84% of Sirolimus non-responders salvaged with steroids





## Immunosuppressive Discontinuation



#### **Sirolimus**

- is a viable option for front-line treatment of acute GVHD
- Non-responders can be salvaged with steroids
- Associated with quicker complete discontinuation of immunosuppressants and better quality of life
- Phase III study indicated

Pidala et al Blood 2020;135:2

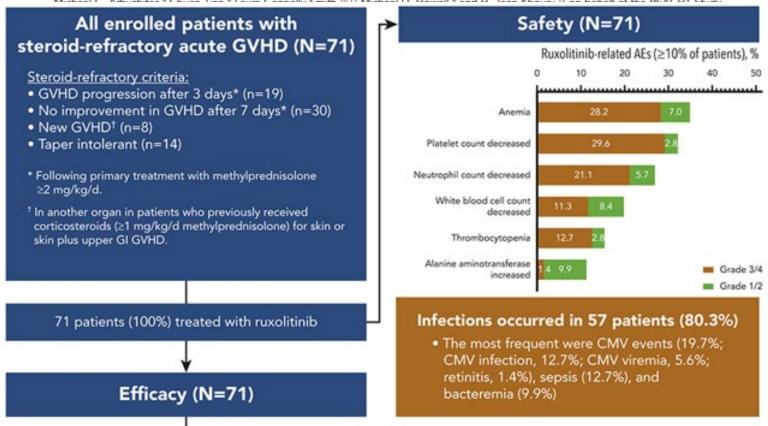


### Regular Article

#### CLINICAL TRIALS AND OBSERVATIONS

## Ruxolitinib for the treatment of steroid-refractory acute GVHD (REACH1): a multicenter, open-label phase 2 trial

Madan Jagasia, Miguel-Angel Perales, 23 Mark A. Schroeder, 4 Haris Ali, 5 Nirav N. Shah, 6 Yi-Bin Chen, 7 Salman Fazal, 8 Fitzroy W. Dawkins, 9 Michael C. Advisibilities 8 China Ties 8 Laure Consollis Smith 1011 Michael D. Harvell 8 and H. Jagas Kharis 12 on habelf of the PEACH1 Smith



#### Overall response

Day 28 overall response rate: 54.9%

- 26.8% complete response
- 9.9% very good partial response
- 18.3% partial response

Overall response rate at any time: 73.2%

Duration of response at 6 months: median, 345 days



### Regular Article

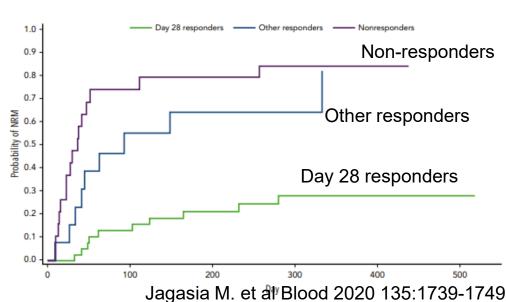
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#### Subgroup Patients, n ORR (95% CI) All patients 54.9 (42.7-66.8) Age <65 y 58.6 (44.9-71.4) ≥65 v 13 38.5 (13.9-68.4) Sex Male 35 60.0 (42.1-76.1) Female 36 50.0 (32.9-67.1) Race White 56.1 (43.3-68.3) Other 5 40.0 (5.3-85.3) Baseline aGVHD grade 23 Grade II 82.6 (61.2-95.0) 34 14 41.2 (24.6-59.3) Grade III Grade IV 42.9 (17.7-71.1) Baseline steroid-refractory status 19 GVHD progression after 3 days\* 63.2 (38.4-83.7) No improvement in GVHD after 7 days\* 30 46.7 (28.3-65.7) New GVHD<sup>†</sup> 8 50.0 (15.7-84.3) Taper intolerant 14 64.3 (35.1-87.2) Baseline liver Stage 0 56 62.5 (48.5-75.1) 15 26.7 (7.8-55.1) Other stages Baseline upper Gl Stage 0 49 59.2 (44.2-73.0) Stage 1 22 45.5 (24.4-67.8) Baseline lower GI 21 Stage 0 76.2 (52.8-91.8) Other stages 50 46.0 (31.8-60.7) Baseline skin rash 35 48.6 (31.4-66.0) Stage 0 36 61.1 (43.5-76.9) Other stages 70 80 90 100 10 20 30 50 ORR, %

#### Non-Relapse Mortality



#### Overall response

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#### **Conclusions:**

- Ruxolitinib is an effective treatment option for patients with steroid-refractory aGVHD.
- Responses to ruxolitinib seen at day 28 were durable and were associated with improved survival when compared with survival rates among non-responders
- Ongoing REACH2 phase 3 randomized study of ruxolitinib vs best available therapy in patients with steroid-refractory aGVHD (NCT02913261) will further establish the role of JAK inhibitors in the treatment of steroid-refractory aGVHD

