

# Current Treatment Strategies of Myeloproliferative Neoplasms

**Rami Komrokji, MD**

**Senior Member & Professor of Oncologic Sciences**

**Section Head – Leukemia & MDS**

**Vice Chair - Malignant Hematology Department**

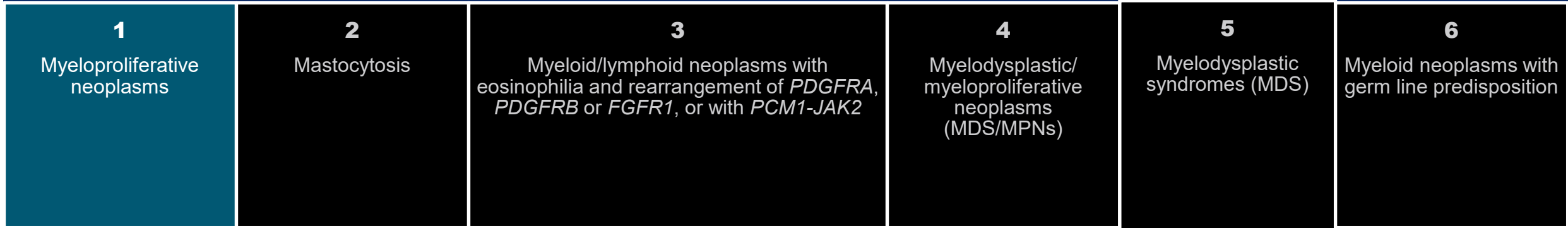
**H Lee Moffitt Cancer Center & Research Institute**

**Tampa, Florida**

# COI disclosure

- Speaker Bureau: Celgene/BMS, JAZZ, AbbVie, Agios.
- Honoraria/consultancy: Celgene/BMS, JAZZ, AbbVie, Agios, Acceleron, Geron.

# 2016 WHO classification of chronic myeloid neoplasms



- Chronic myelogenous leukemia (CML), *BCR-ABL1*-positive
- Chronic neutrophilic leukemia
- Primary myelofibrosis (PMF)
  - Prefibrotic/early stage
  - Overt fibrotic stage
- Polycythemia vera (PV)
- Essential thrombocythemia (ET)
- Chronic eosinophilic leukemia, not otherwise specified
- MPN, unclassifiable

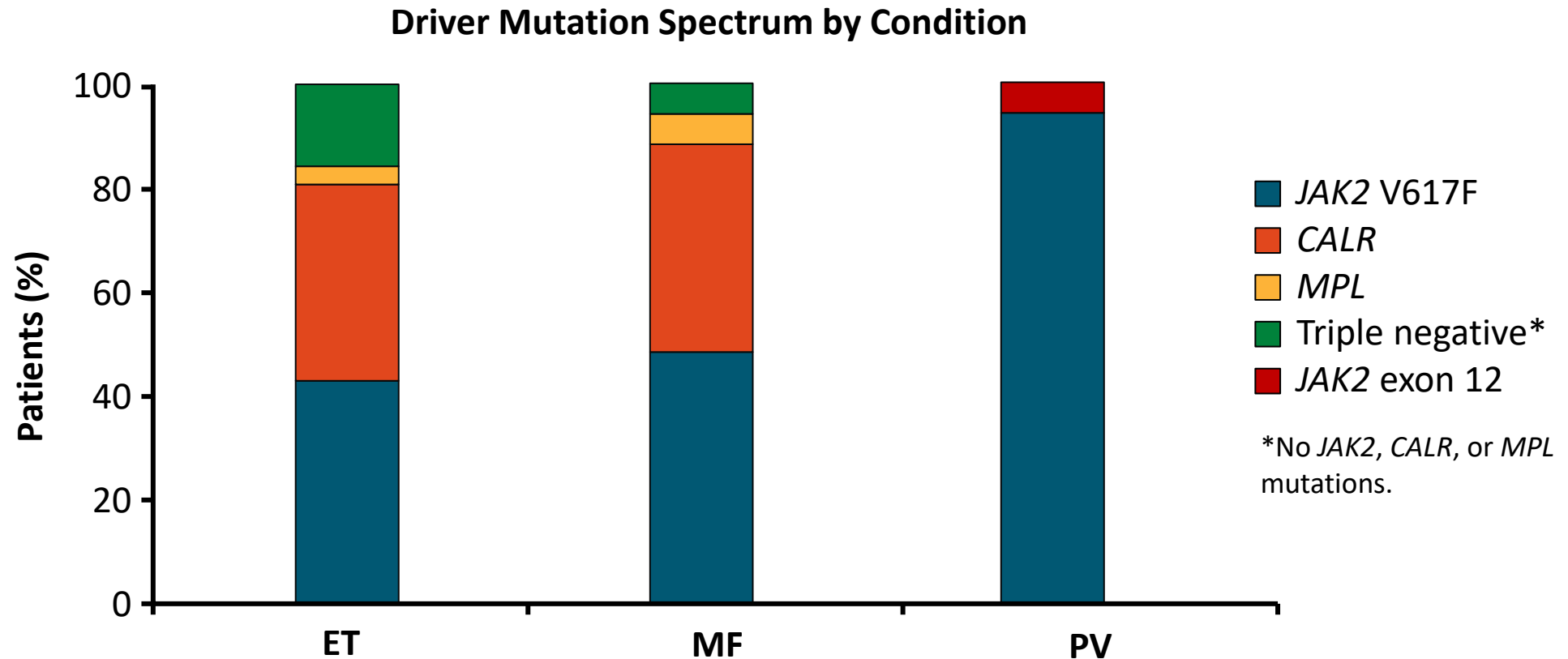
The most common *BCR-ABL1*-negative MPNs:  
PMF, PV and ET

Arber et al. Blood 2016;127:2391–405

Tefferi et al. Am J Hematol 2017;92:95–108



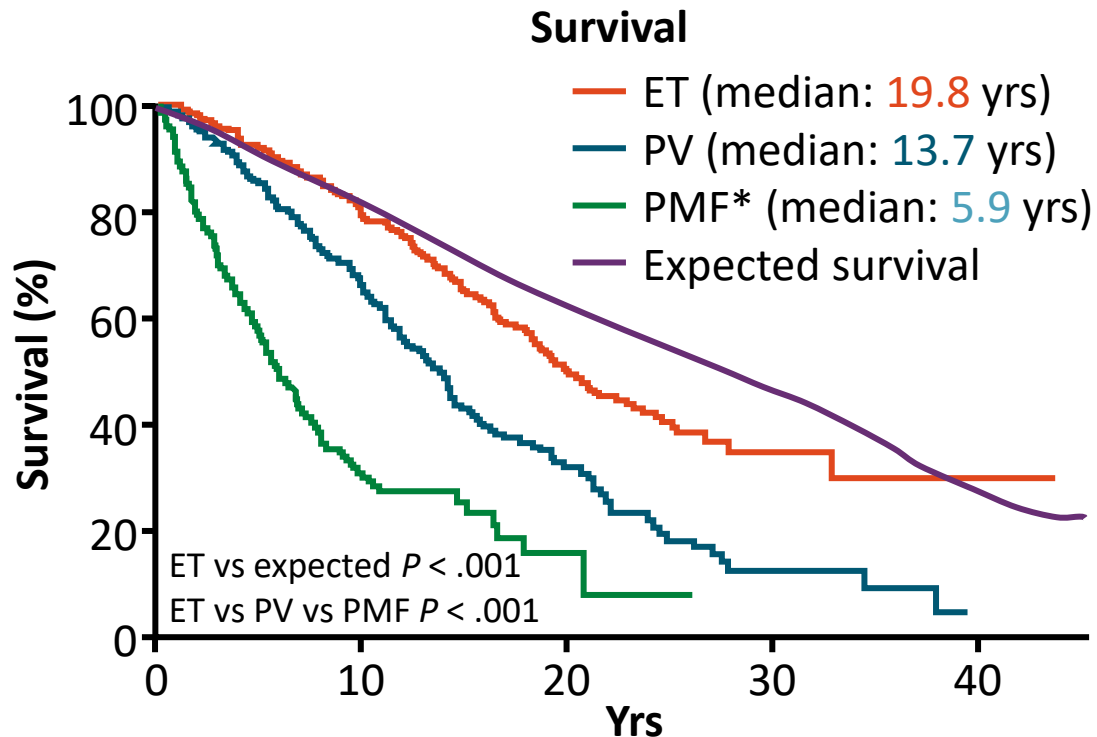
# Phenotype Driver Mutations Activating the JAK-STAT Pathway in MPNs



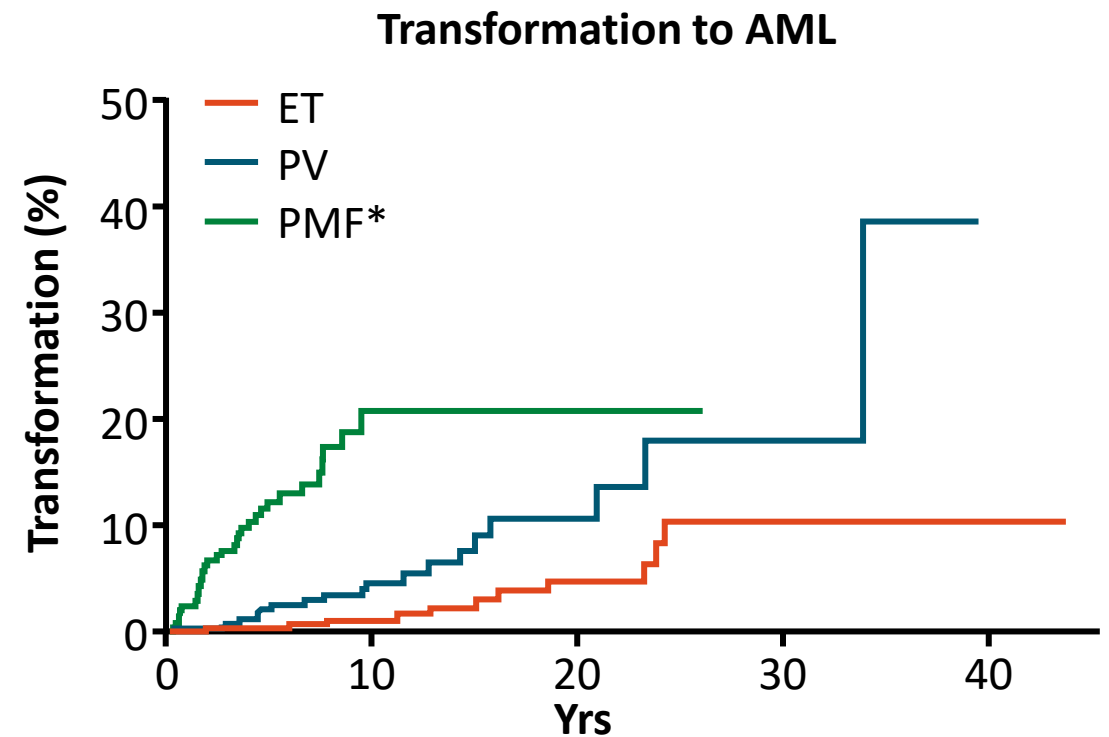
- A very small percentage of PV patients may have *LNK* or *CALR* driver mutations
- Nondriver mutations mostly frequently occurring in MPNs: *TET2*, *ASXL1*, *DNMT3A*

# Survival and Disease Progression With PV, MF, and ET

- Although similarities exist in the molecular signature and presentation of PV, MF, and ET, important to distinguish among these conditions as prognosis and management can differ
- Assessment of survival and progression in patients with PV, MF, or ET at Mayo Clinic (N = 826)



\*Overt fibrotic PMF.



# Contemporary Management of Myelofibrosis

# WHO Diagnostic Criteria: MF

## Primary MF Diagnosis

### Requirement for diagnosis

- All 3 major criteria AND  $\geq 1$  minor criteria

### Major criteria

1. Megakaryocytic proliferation and atypia, **without reticulin fibrosis > grade 1 (prefibrotic PMF)** or **with reticulin and/or collagen fibrosis grade 2/3 (overt fibrotic PMF)**
2. *JAK2*, *CALR*, or *MPL* mutation, presence of other clonal markers\* OR absence of reactive MF
3. Not meeting WHO criteria for other myeloid malignancies

### Minor criteria

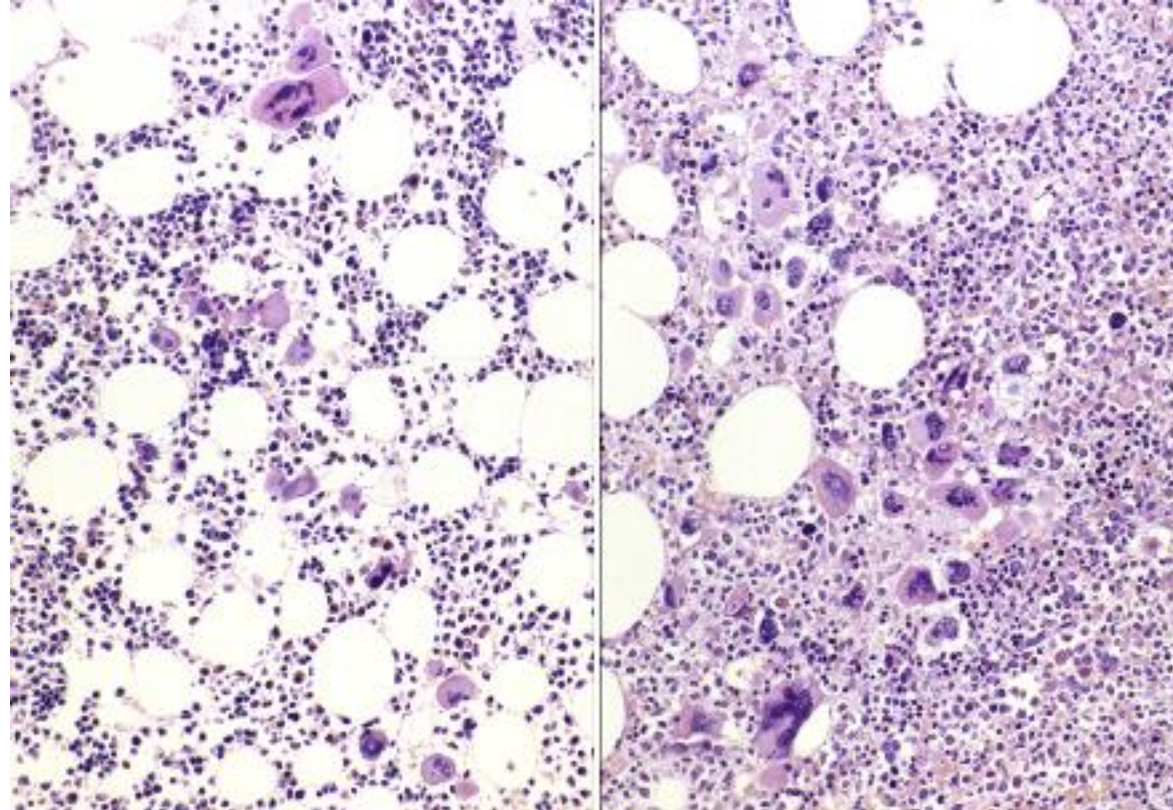
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|--|--|
| 1. Anemia not attributed to a comorbid condition | 3. Palpable splenomegaly                             |
| 2. Leukocytosis $\geq 11 \times 10^9/L$          | 4. LDH increased above ULN                           |
|  | 5. <b>Leukoerythroblastosis (overt fibrotic PMF)</b> |

\*eg, *ASXL1*, *EZH2*, *TET2*, *IDH1/IDH2*, *SRSF2*, *SF3B1*.

# Essential thrombocytosis versus pre-fibrotic PMF

MF at 15 y: 9.3%  
AML at 15 y: 2.1%  
15-y survival: 80%

Large, mature  
MK's with  
hyperlobation



MF at 15 y: 16.9%  
AML at 15 y: 11.8%  
15-y survival: 59%

Atypical MK  
proliferation,  
↑cellularity  
(granulocytic  
proliferation)



# Clinicohematologic-Based Prognostic Models of MF

## Comparison of IPSS, DIPSS, and DIPSS-Plus<sup>[1]</sup>

Parameter	IPSS	DIPSS	DIPSS-Plus
Age > 65 yrs	Yes (1 point)	Yes (1 point)	Yes*
Hb < 10 g/dL	Yes (1 point)	Yes (2 points)	Yes*
WBC > 25 x 10 <sup>9</sup> /L	Yes (1 point)	Yes (1 point)	Yes*
PB blasts ≥ 1%	Yes (1 point)	Yes (1 point)	Yes*
Constitutional symptoms	Yes (1 point)	Yes (1 point)	Yes*
Unfavorable karyotype	NA	NA	Yes (1 point)
RBC transfusion dependence	NA	NA	Yes (1 point)
Platelets < 100 x 10 <sup>9</sup> /L	NA	NA	Yes (1 point)
Can be used at any time point	No (only at diagnosis)	Yes	Yes

## Survival by Risk Group and Prognostic Model

Risk Group ▪ Points	Median OS, Yrs		
	IPSS <sup>[2]</sup>	DIPSS <sup>[3]</sup>	DIPSS-Plus <sup>[4]</sup>
Low ▪ 0	11.3	NR	15.0
Intermediate 1 ▪ IPSS/DIPSS-Plus: 1 ▪ DIPSS: 1-2	7.9	14.2	6.6
Intermediate 2 ▪ IPSS: 2 ▪ DIPSS: 3-4 ▪ DIPSS-Plus: 2-3	4.0	4.0	2.9
High ▪ IPSS: ≥ 3 ▪ DIPSS: ≥ 5 ▪ DIPSS-Plus: ≥ 4	2.3	1.5	1.3

DIPSS, Dynamic International Prognostic Scoring System; Hb, hemoglobin; IPSS, International Prognostic Scoring System; MF, myelofibrosis; NA, not applicable; PB, peripheral blood; RBC, red blood cell; WBC, white blood cell.

\*0-3 points for each based on DIPSS risk categories; features not individually weighted.

# Prognostic Impact of Driver and High Molecular Risk Nondriver Mutations in Primary MF

- Analysis of association between **driver mutations** and survival in patients with primary MF (N = 617)<sup>[1]</sup>

Driver Mutation	Patients, %	Median OS, Yrs
<i>CALR</i> mutated	22.7	17.7
<i>JAK2</i> mutated	64.7	9.2
<i>MPL</i> mutated	4.0	9.1
Triple negative	8.6	3.2

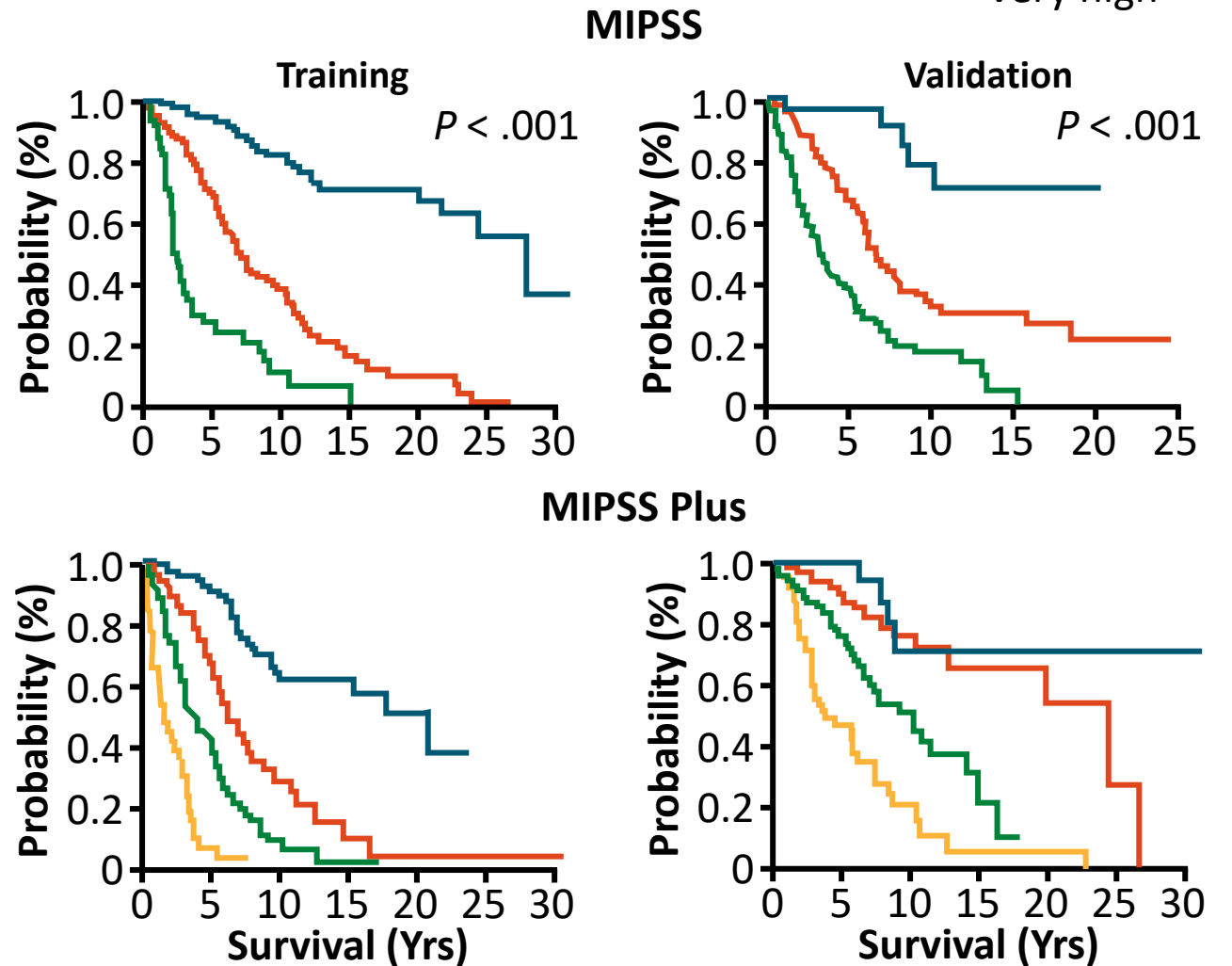
- Analysis of association between set of **nondriver mutations** (*IDH*, *EZH2*, *ASXL1*, *SRSF2*) and survival in patients with primary MF (N = 797)<sup>[2]</sup>
  - Presence of mutations predicted decreased survival;  $\geq 2$  mutations predicted worst survival

# MIPSS70/MIPSS70-Plus Risk Models

Variables	Rank
Hb < 100 g/L	1
WBC > 25 x 10 <sup>9</sup> /L	2
Platelets < 100 x 10 <sup>9</sup> /L	2
PB blasts ≥ 2%	1
Constitutional symptoms	1
Grade ≥ 2 BM fibrosis	1
Absence <i>CALR</i> type 1	1
HMR category*	1
≥ 2 HMR mutations	2

\*HMR category, any mutation in *ASXL1*, *EZH2*, *SRSF2*, *IDH1/2*.

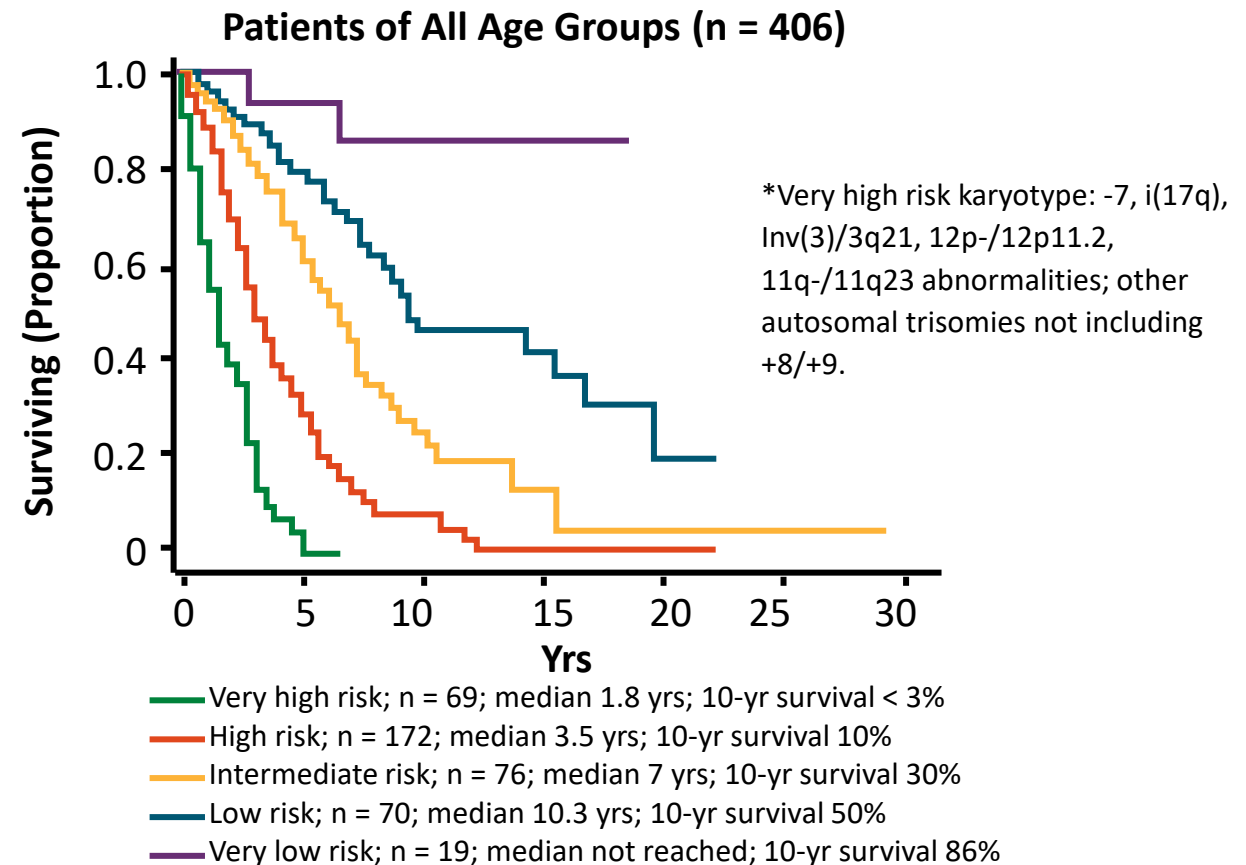
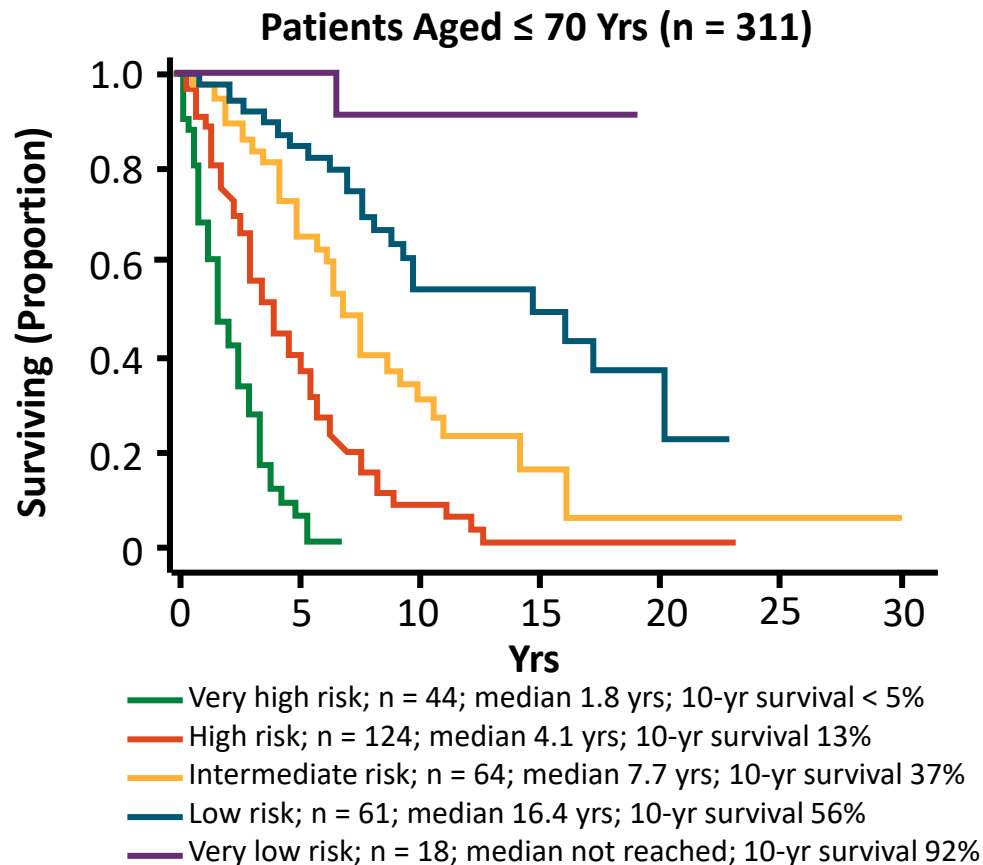
- Low
- Intermediate
- High
- Very high



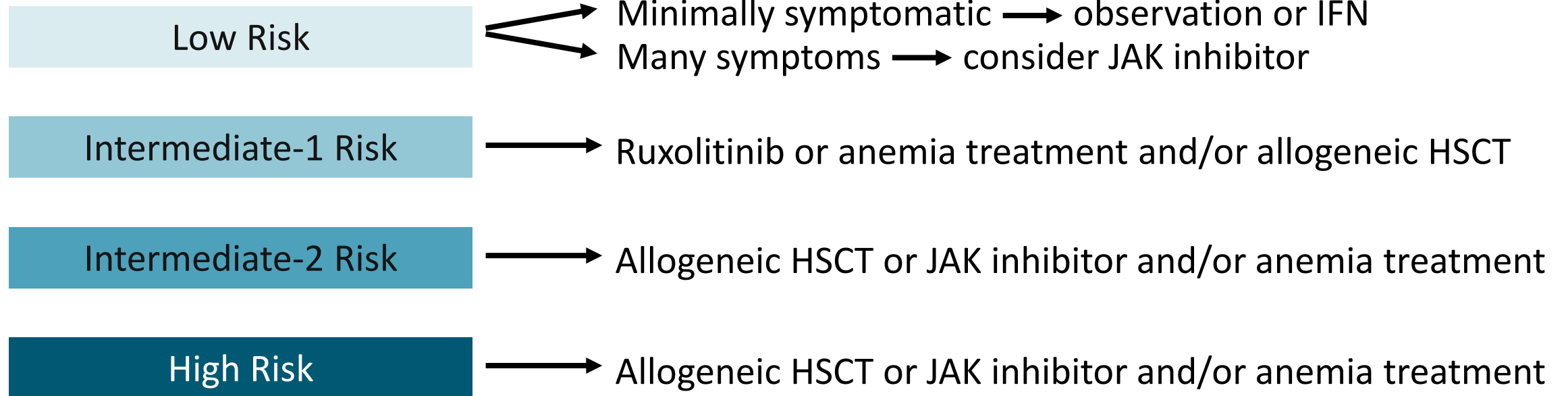
All  $P < .001$

# MIPSS70-Plus v2.0 Risk Model

- Also incorporates very high-risk karyotype,\* U2AF1 Q157 mutation status, sex- and severity-adjusted Hb thresholds (vs MIPSS70-Plus) and defines 5 prognostic categories, from very low to very high risk



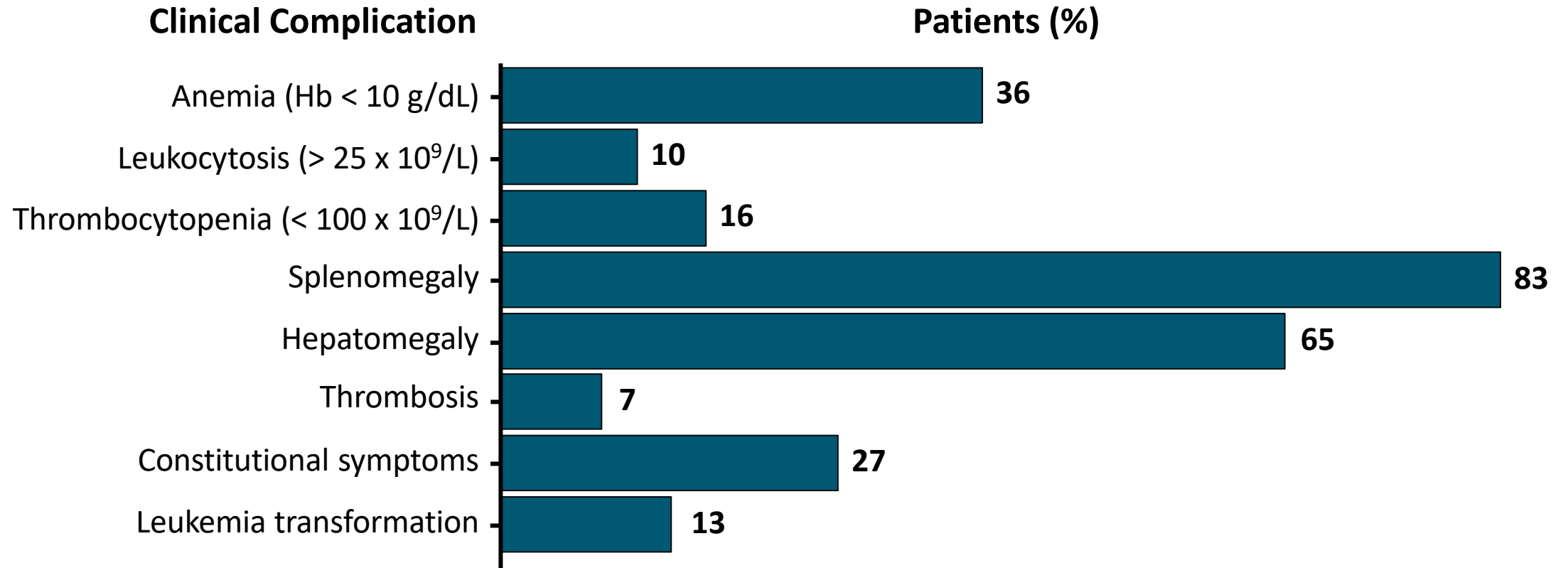
# MF Treatment: Based on Risk and MF-Related Symptoms/Signs



# Allogeneic HSCT for Patients With MF

- **Who:** consider HSCT in **younger patients whose survival is expected to be < 5 yrs** (int-2–risk/high-risk patients < 70 yrs of age but also int-1–risk patients < 65 yrs of age with refractory, transfusion-dependent anemia, circulating blasts >2%, adverse cytogenetics (as defined in the DIPSS+), triple negativity or *ASXL1* mutation<sup>[1]</sup>)
- **But: very few MF patients undergo HSCT**
  - Traditionally **limited to younger patients** < 60 yrs of age and those with HLA-identical sibling match (although now possible up to 75 yrs of age)
  - **High transplant-related mortality and morbidity** associated with transplantation due to acute and chronic GvHD<sup>[1]</sup>
    - 1-yr NRM rate: 12% (completely matched donors) to 38% (mismatched)
    - 5-yr survival rate: 56% (matched sibling donors) to 34% (partially matched/ mismatched)

# Main Clinical Complications in MF



- Common symptoms derived from complications: bone pain, pruritus (myeloproliferation), night sweats, weight loss, fever (constitutional), early satiety, abdominal discomfort (splenomegaly), fatigue, insomnia

# Needs-Oriented Therapy for MF

Clinical Issue		Treatments
Anemia	<ul style="list-style-type: none"> <li>▪ ESAs</li> <li>▪ Corticosteroids</li> <li>▪ Danazol</li> </ul>	<ul style="list-style-type: none"> <li>▪ Thalidomide, lenalidomide (IMiDs)</li> </ul>
Symptomatic splenomegaly	<ul style="list-style-type: none"> <li>▪ <b>Ruxolitinib, fedratinib</b></li> <li>▪ Hydroxyurea</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cladribine, IMiDs</li> <li>▪ Splenectomy</li> </ul>
Constitutional symptoms/QoL	<ul style="list-style-type: none"> <li>▪ <b>Ruxolitinib, fedratinib</b></li> <li>▪ Corticosteroids</li> </ul>	
Extramedullary hematopoiesis	<ul style="list-style-type: none"> <li>▪ Radiation therapy</li> </ul>	
Hyperproliferative (early) disease	<ul style="list-style-type: none"> <li>▪ Interferon</li> </ul>	
Risk of thrombosis	<ul style="list-style-type: none"> <li>▪ Low-dose aspirin</li> </ul>	
Accelerated/blastic phase	<ul style="list-style-type: none"> <li>▪ Hypomethylating agents</li> </ul>	
Improved survival	<ul style="list-style-type: none"> <li>▪ Allogeneic HSCT</li> <li>▪ <b>Ruxolitinib</b></li> </ul>	

ESA, erythropoiesis-stimulating agent; HSCT, hematopoietic stem cell transplantation; IMiD, immunomodulatory drug; MF, myelofibrosis; QoL, quality of life.



# COMFORT-I and -II: Ruxolitinib for Patients With Intermediate-2–Risk/High-Risk MF

- Randomized phase III studies in which patients with intermediate 2–risk/high-risk MF were treated with **ruxolitinib** (15 or 20 mg BID) vs **placebo** (COMFORT-I, N = 309) or **best available therapy** (COMFORT-II, N = 149)

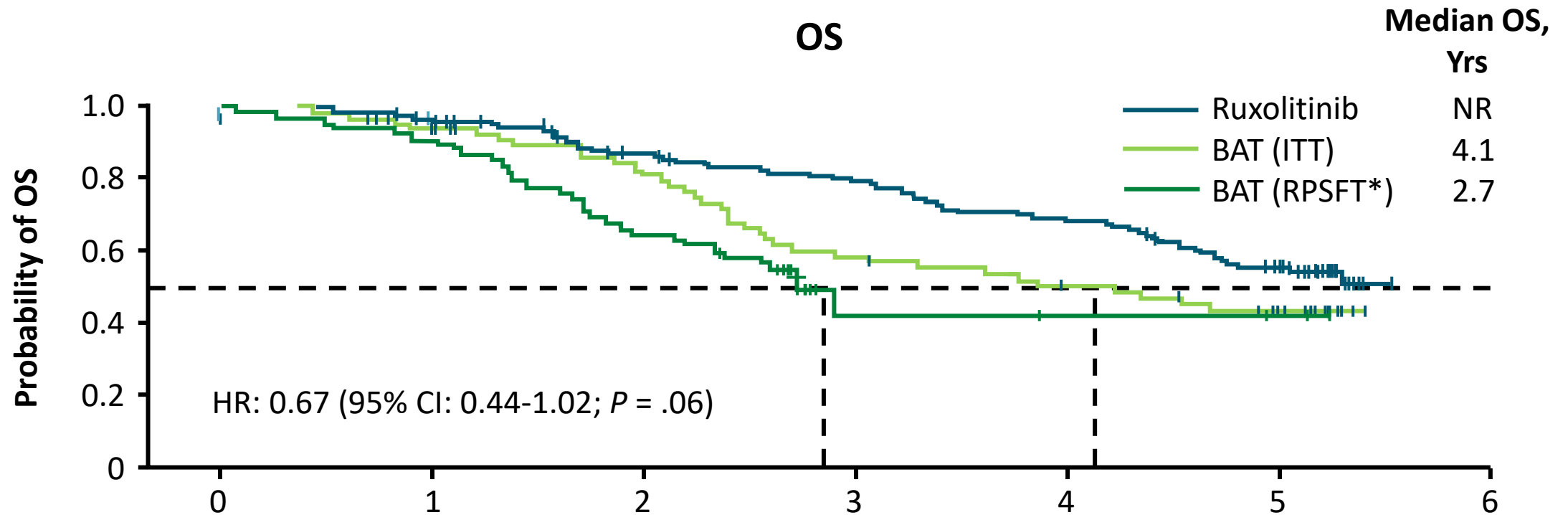
Outcome	COMFORT-I, Wk 24 <sup>[1]</sup>		P Value	COMFORT-II, Wk 48 <sup>[2]</sup>		P Value
	Ruxolitinib (n = 155)	Placebo (n = 154)		Ruxolitinib (n = 144)	BAT (n = 73)	
Spleen volume reduction ≥ 35%,* %	41.9	0.7	< .001	28	0	< .001
≥ 50% reduction in MF-SAF TSS, %	45.9	5.3	< .001	NR	NR	NR
D/c for AEs	11.0	10.6	NR	8	5	NR

\*Primary endpoint. †n = 151.

- Grade 3/4 anemia/thrombocytopenia/neutropenia in COMFORT-I, %: **ruxolitinib**, 45/13/7; **placebo** 19/1/2<sup>†</sup>

AE, adverse event; BAT, best available therapy; D/c, discontinued; MF, myelofibrosis; MPN-SAF TSS, Myeloproliferative Neoplasm Symptom Assessment Form Total Symptom Score; NR, not reported.

# COMFORT-II: 5-Yr Overall Survival With Ruxolitinib vs BAT



\*RPSFT modeling estimates treatment effect corrected for crossover.

- Median follow-up: 4.3 yrs; majority crossed over from BAT to ruxolitinib

# Ruxolitinib in IPSS-1 Patients: Higher Response Rate and Lower Toxicities

Rate, %	Category	Spleen Response at Wk 24	Grade 3/4 Anemia	Grade 3/4 Thrombocytopenia	Discontinuations
COMFORT-I <sup>[1]</sup> (n = 155)	Int-2–risk and high-risk patients	41.9	45.2	12.9	21.0 <sup>[6]</sup>
COMFORT-II <sup>[2]</sup> (n = 146)	Int-2–risk and high-risk patients	32.0	42.0	8.0	38.0
JUMP INTM-1 <sup>[3]</sup> (n = 163)	Int-1–risk patients	63.8	24.5	11.0	19.6
ROBUST <sup>[4]</sup> (n = 14)	Int-1–risk patients	57.1	NA	NA	NA
Italian study <sup>[5]</sup> (n = 70)	Int-1–risk patients	54.7	21.7*	2.9*	17.1

\*Grade 3 only.

# Tips for Using Ruxolitinib to Treat Patients With MF

- Effective regardless of patient's mutational profile (not specific for *JAK2* V617F mutation)
- **Starting dose selected based on platelet count**; anemia is **NOT** contraindication for use, can consider 10 mg BID x 12 weeks before escalating in anemic patients
- Development of anemia **DOES NOT** affect benefits of ruxolitinib
- Avoid abrupt interruption of ruxolitinib in patients responding well to therapy
  - Decision to stop ruxolitinib will depend on benefit and presence/absence of toxicity

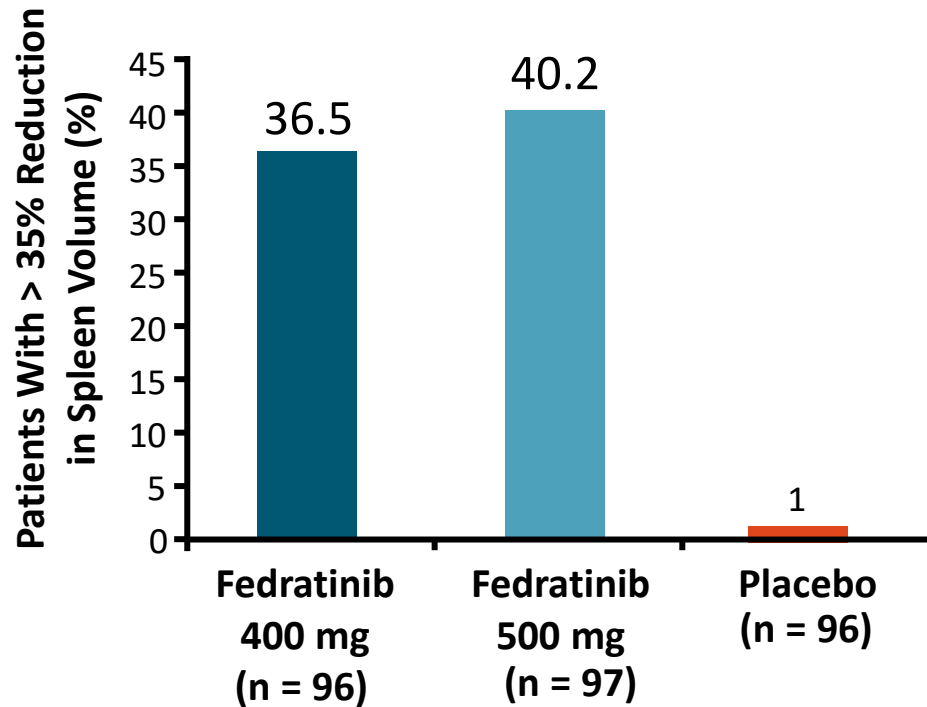
## Ruxolitinib Dosing Recommendations

	<b><i>Determined by platelet count:</i></b>
<b>Starting dose</b>	<ul style="list-style-type: none"><li>▪ &gt; 200 x 10<sup>9</sup>/L: 20 mg BID PO</li><li>▪ 100 to 200 x 10<sup>9</sup>/L: 15 mg BID PO</li><li>▪ 50 to &lt; 100 x 10<sup>9</sup>/L: 5 mg BID PO</li></ul>
Monitoring	Monitor CBC every 2-4 wks until doses stabilized, then as clinically indicated
Dose adjustment	Modify or interrupt dosing for thrombocytopenia

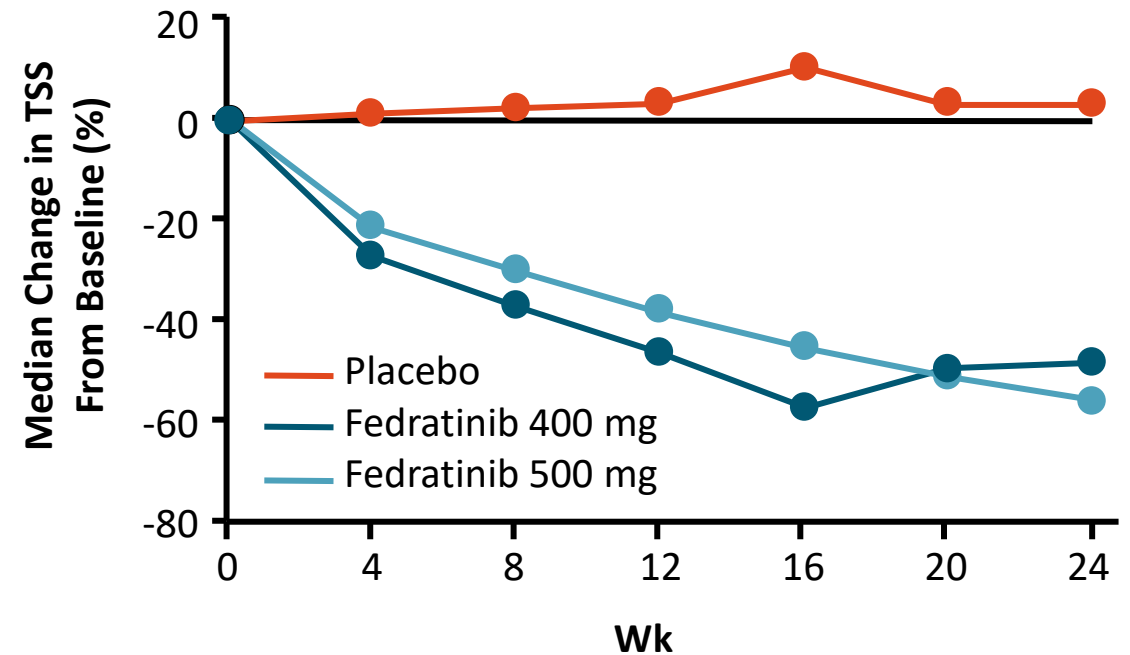
- Dose should be modified to the maximum tolerated when response not adequate, and treatment should be continued for ≥ 6 mos
- NHL risk appears unsubstantiated

# JAKARTA: Efficacy

## Spleen Response (Primary Endpoint)



## Change in Total Symptom Score



# JAKARTA: Hematologic and Nonhematologic Events

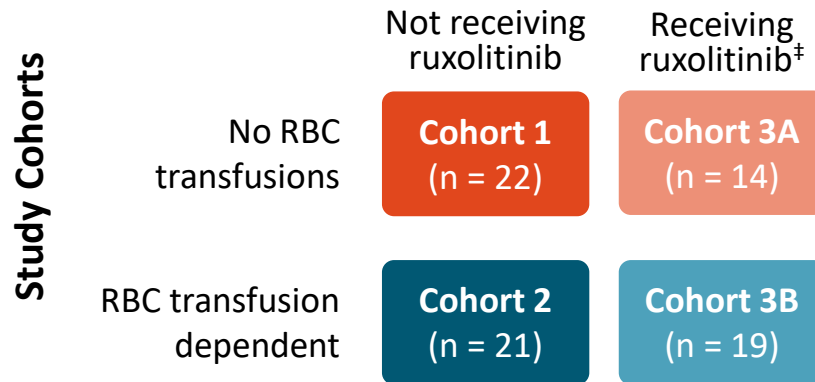
Adverse Events, n (%)	Fedratinib 400 mg (n = 96)		Fedratinib 500 mg (n = 97)		Placebo	
	All Grades	Grade 3/4	All Grades	Grade 3/4	All Grades	Grade 3/4
<b>Nonhematologic</b>						
Diarrhea	63 (66)	5 (5)	54 (56)	5 (5)	15 (16)	0
Vomiting	40 (42)	3 (3)	53 (55)	9 (9)	5 (5)	0
Nausea	61 (64)	0	49 (51)	6 (6)	14 (15)	0
Constipation	10 (10)	2 (2)	17 (18)	0	7 (7)	0
Asthenia	9 (9)	2 (2)	15 (16)	4 (4)	6 (6)	1 (1)
Abdominal pain	14 (15)	0	12 (12)	1 (1)	15 (16)	1 (1)
Fatigue	15 (16)	6 (6)	10 (10)	5 (5)	9 (10)	0
<b>Hematologic</b>						
Anemia	95 (99)	41 (43)	94 (98)	58 (60)	86 (91)	24 (25)
Thrombocytopenia	60 (63)	16 (17)	55 (57)	26 (27)	48 (51)	9 (9)
Lymphopenia	54 (57)	20 (21)	63 (66)	26 (27)	50 (54)	19 (21)
Leukopenia	45 (47)	6 (6)	51 (53)	15 (16)	18 (19)	3 (3)
Neutropenia	27 (28)	8 (8)	42 (44)	17 (18)	14 (15)	4 (4)

# Fedratinib Indication in MF

- Approved by FDA in August 2019 for treatment of adults with intermediate-2–risk or high-risk primary or secondary MF
- Recommended dose 400 mg daily in patients with platelets  $\geq 50 \times 10^9/L$ 
  - Reduce dose to 200 mg daily in patients receiving strong CYP3A inhibitors or if severe renal impairment
- Black box warning: Wernicke’s encephalopathy (ataxia, AMS, ophthalmoplegia) occurred in 8/608 (1.3%) patients receiving fedratinib in trials
  - Measure and replace thiamine levels prior to treatment initiation
  - Do not start fedratinib in patients with thiamine deficiency

# Luspatercept for Treating Anemia in MF

- Open-label, nonrandomized, multicohort phase II trial of **luspatercept** 1 mg/kg every 21 days for patients with primary or post-ET/post-PV MF and anemia (planned N = 100)



Parameter	RBC Transfusion Dependent	
	No RUX (Cohort 2; n = 21)	RUX (Cohort 3b; n = 19)
RBC transfusion-free ≥ 12 consecutive wks, n (%) <sup>*</sup>	2 (10)	6 (32)
<ul style="list-style-type: none"> <li>Median duration of response, wks (range)</li> </ul>	32 (16-49)	39 (12-77)
≥ 50% reduction in RBC transfusion burden from BL, n (%)	8 (38)	10 (53)

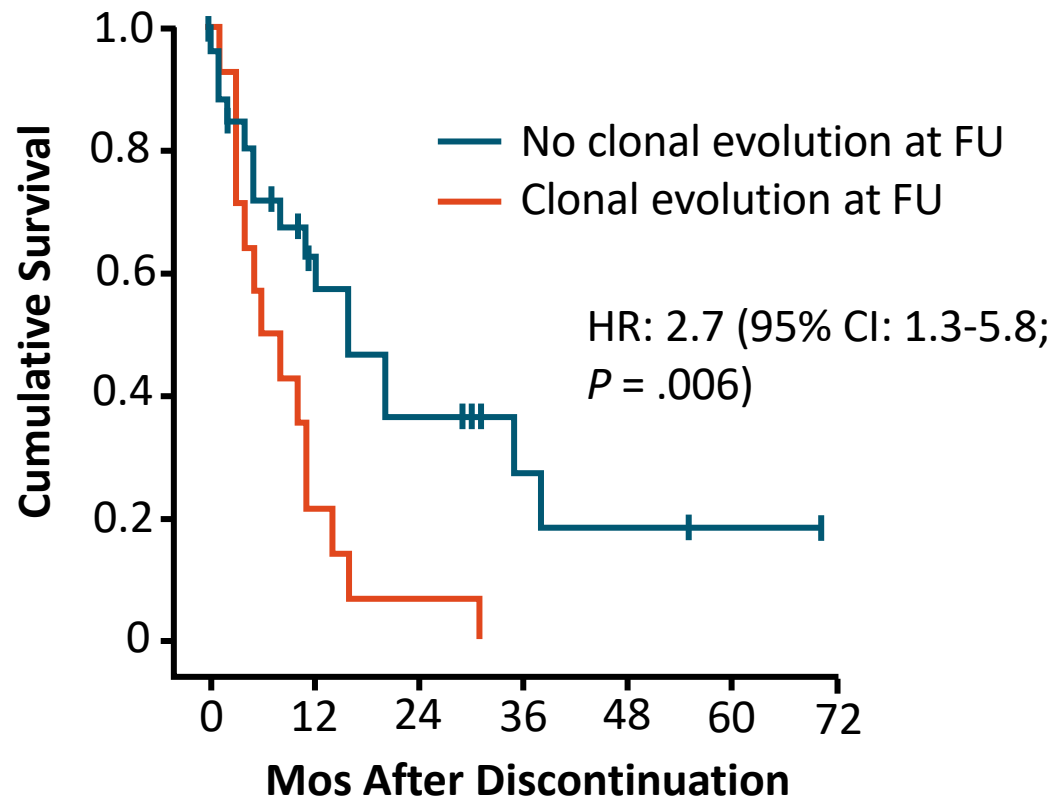
Hb Increase ≥ 1.5 g/dL From BL for ≥ 12 Consecutive Wks <sup>†</sup>	No RBC Transfusions	
	No RUX (Cohort 1; n = 22)	RUX (Cohort 3a; n = 14)
Hb increase ≥ 1.5 g/dL at every assessment, n (%)	3 (14)	3 (21)
Mean Hb increase ≥ 1.5 g/dL, n (%)	4 (18)	9 (64)

<sup>\*</sup>Primary endpoint, cohorts 2, 3b. <sup>†</sup>Primary endpoint, cohorts 1, 3a. <sup>‡</sup>Stable dose for ≥ 16 wks at enrollment



# Outcomes After Ruxolitinib Discontinuation

- Retrospective analysis of clonal evolution and outcomes after ruxolitinib discontinuation in an open-label phase I/II study (N = 56)



- Median OS: 14 mos
- Survival improved if baseline platelets  $\geq 260$  vs  $< 260 \times 10^9/L$  (HR: 2.7;  $P = .006$ )
- Survival improved if follow-up platelets  $\geq 100$  vs  $< 100 \times 10^9/L$  (HR: 4.1;  $P = .001$ )
- 35% of patients acquired a new mutation while on ruxolitinib, most commonly *ASXL1*

*FU, follow-up., OS overall survival, HR hazard ratio*

# JAKARTA-II Reanalysis: Fedratinib for Patients With MF Previously Treated With Ruxolitinib

- Aim: confirm efficacy of **fedratinib** in ITT analysis in all enrolled patients, and in subgroups defined using **rigorous definitions of prior ruxolitinib response**

Criteria for Ruxolitinib Failure			
ITT Population		Ruxolitinib Failure Cohort	
Resistant	RUX ≥ 14 days with no response or stable disease, disease progression, or loss of response per investigator	Relapsed	RUX ≥ 3 mos with regrowth (defined as < 10% SVR or < 30% decrease in spleen size from BL following an initial response)
		Refractory	RUX ≥ 3 mos with < 10% SVR or < 30% decrease in spleen size from BL
Intolerant	RUX ≥ 14 days before d/c tx due to unacceptable toxicity	Intolerant	RUX ≥ 28 days complicated by development of RBC transfusion requirement (≥ 2 units/mos for 2 mos); or grade ≥ 3 thrombocytopenia, anemia, hematoma/hemorrhage while on RUX

- 79/97 enrolled patients (81%) met the more stringent criteria for RUX R/R (n = 65, 82%) or intolerance (n = 14, 18%); median prior RUX duration in RUX failure cohort, 11.5 mos (range: 1.0-62.4)
- In RUX failure cohort: median number of FEDR cycles, 7; **spleen volume RR 30%** (95% CI: 21-42); median spleen response duration, NE (95% CI 7.2-NE); **symptom RR 27%** (95% CI: 17-39)

# Momelotinib for Patients With MF

- **Momelotinib**: JAK1/2 inhibitor with potential to improve anemia, possibly via suppression of hepcidin<sup>[1]</sup>

Key Trial	Type	Key Findings
SIMPLIFY 2 <sup>[2]</sup>	Phase III RCT in MF previously treated with ruxolitinib (N = 156)	▪ SVR ≥ 35% at Wk 24*: <b>momelotinib, 7%</b> ; <b>BAT, 6%</b> (P = .90)
SIMPLIFY 1 <sup>[3]</sup>	Phase III RCT in JAKi-naive patients with MF (N = 432)	▪ SVR ≥ 35% at Wk 24*: <b>momelotinib, 26.5%</b> ; <b>ruxolitinib, 29%</b> (noninferior)

- Ongoing double-blind, randomized **phase III MOMENTUM trial** (NCT04173494) of **momelotinib vs danazol** for **symptomatic patients with MF who have anemia** (Hb < 10 g/dL) and previous JAKi experience
  - Primary endpoint, symptom response; secondary endpoints, transfusion independence and spleen response)

*BAT, best available therapy; MF, myelofibrosis; SVR, spleen volume reduction.*

\*Primary endpoint(s).

# Pacritinib for Patients With MF

- **Pacritinib**: selective inhibitor of JAK2, JAK2 V617F, and FLT3

Key Trial	Type	Key Findings
PERSIST-1 <sup>[1]</sup>	Phase III RCT in higher-risk, JAKi-naive MF with any degree of anemia/thrombocytopenia (N = 327)	▪ SVR ≥ 35% at Wk 24*: <b>pacritinib, 19%; BAT (no JAK2i), 5%</b> (P = .0003)
PERSIST-2 <sup>[2]</sup>	Phase III RCT in MF (prior JAKi allowed) with platelet count ≤ 100,000/μL (N = 311)	▪ SVR ≥ 35%*: <b>pacritinib, 18%; BAT, 3%</b> (incl RUX) (P = .001); TSS reduced ≥ 50%*: <b>pacritinib, 25%; BAT, 14%</b> (P = .08)
PAC203 <sup>[3]</sup>	Phase II dose-finding trial in higher-risk MF with previous ruxolitinib (N = 164)	▪ <b>200 mg BID dose</b> most effective: SVR ≥ 35%, 9.3%; TSS reduced ≥ 50%, 7.4%

- Development of pacritinib put on hold by FDA in 2016 due to reports of patient deaths related to intracranial hemorrhage, cardiac failure, and cardiac arrest; **clinical hold removed in 2017**
- Ongoing randomized **phase III PACIFICA trial** of pacritinib vs physician's choice treatment for pts with limited (90 days)/no previous JAKi treatment and intermediate- or high-risk **MF and platelet count < 50,000/μL**<sup>[4]</sup>

\*Primary endpoint(s).

1. Mesa. Lancet Haematol. 2017;4:e225. 2. Mascarenhas. JAMA Oncol. 2018;4:652.

3. Gerds. ASH 2019. Abstr 667. 4. Harrison. ASH 2019. Abstr 4175.

# Novel agents in clinical trials for MF

	Target	Agent
Promotion of Apoptosis	SMAC mimetic/IAP BCL-xL inhibitors LSD1 inhibitors XPO1 inhibitor	LCL-161 <b>Navitoclax</b> IMG-728 Selinexor
Targeting Hematopoietic Stem Cell/Micro-environment	CD123 Hsp90	Tagraxofusp PU-H71
Modulation of TP53 Pathway	MDM2 antagonists	Idasanutlin KRT-232
Targeting Fibrosis and Associated Cytokine	Pentraxin-2	<b>PRM-151</b>
Aurora Kinase Inhibition		Alisertib
Telomerase Inhibition		<b>Imetelstat</b>
Bromodomain and Extraterminal Protein Inhibition	BET -	<b>CPI-0610</b>
JAKi		Itacitinib
PI3K $\delta$ i		Parsaclisib

# **Polycythemia Vera and Essential Thrombocythemia in Focus**

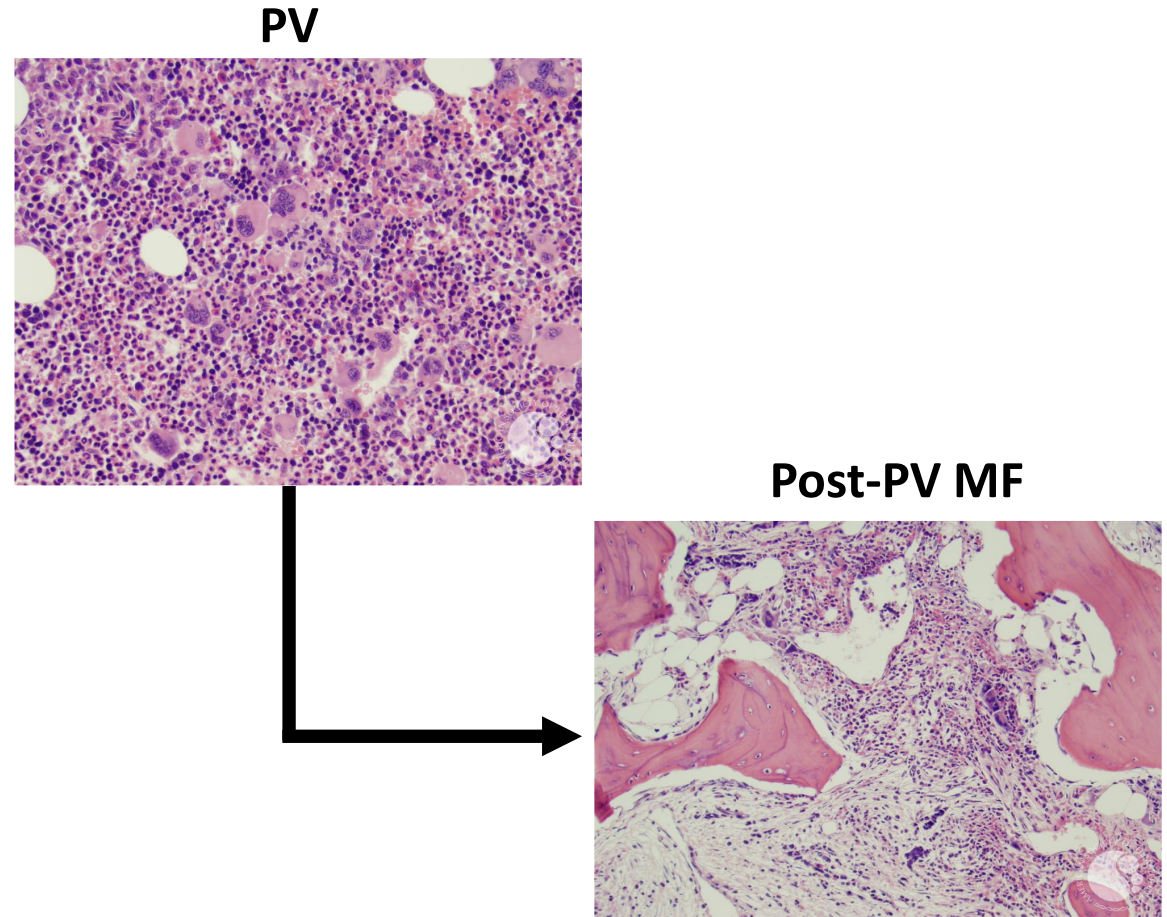
# Evolution of WHO PV Diagnostic Criteria

WHO 2008 <sup>[1]</sup>	WHO 2016 <sup>[2]</sup>
<b>Requirement for diagnosis</b>	
<ul style="list-style-type: none"> <li>2 major and 1 minor criteria OR first major and 2 minor criteria</li> </ul>	<ul style="list-style-type: none"> <li>All 3 major criteria OR first 2 major criteria and the minor criterion</li> </ul>
<b>Major criteria</b>	
<ol style="list-style-type: none"> <li>Hb &gt; 18.5 g/dL (men); &gt; 16.5 g/dL (women)</li> <li>JAK2 V617F mutation or similar (JAK2 exon 12)</li> </ol>	<ol style="list-style-type: none"> <li>Hb &gt; 16.5 g/dL or Hct &gt; 49% (men); Hb &gt; 16.0 g/dL or Hct &gt; 48% (women)</li> <li>BM biopsy showing hypercellularity, trilineage growth (panmyelosis) with erythroid, granulocytic, and pleomorphic, mature megakaryocytic proliferation</li> <li>JAK2 V617F or JAK2 exon 12 mutation</li> </ol>
<b>Minor criteria</b>	
<ol style="list-style-type: none"> <li>Subnormal serum EPO level</li> <li>BM trilineage proliferation</li> <li>Endogenous erythroid colony growth</li> </ol>	<ol style="list-style-type: none"> <li>Subnormal serum EPO level</li> </ol>

BM, bone marrow; EPO, erythropoietin; Hb, hemoglobin; Hct hematocrit; PV, polycythemia vera; WHO, World Health Organization.

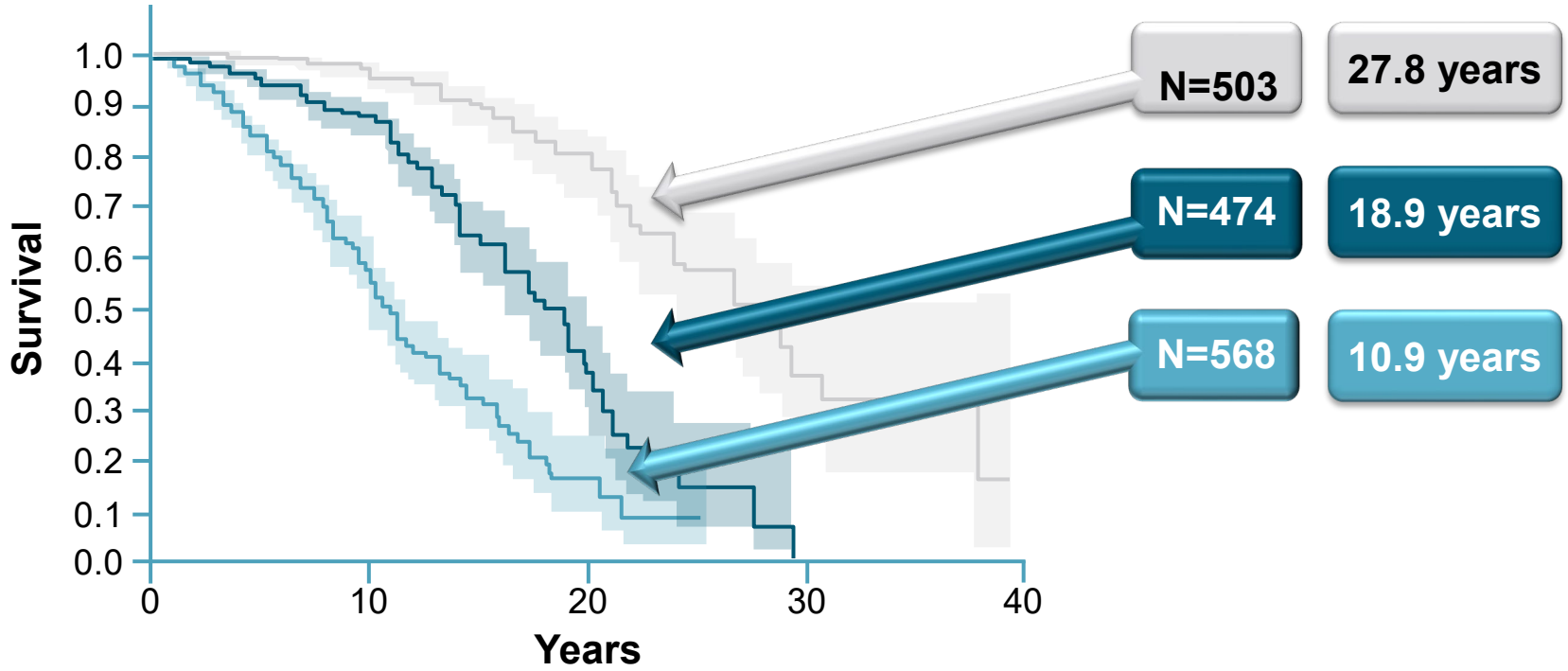
# Bone Marrow Testing in PV Diagnosis

- **Bone marrow biopsy may not be required for diagnosis** if sustained Hb levels > 18.5 g/dL (men) or > 16.5 g/dL (women) where *JAK2* mutated and EPO suppressed<sup>[1]</sup>
- **Biopsy may identify fibrosis at diagnosis**
  - Prevalence: 14% to 48% with grade 1 fibrosis at diagnosis; consequences include a higher rate of overt, fibrotic progression<sup>[2,3]</sup>
- **Biopsy required to diagnose post-PV MF**<sup>[4]</sup>
  - Progression prevalence: 5% to 19% at 15 yrs
  - Note that high-grade bone marrow fibrosis alone not enough to diagnose post-PV MF





# Survival among 1545 patients with WHO-based PV

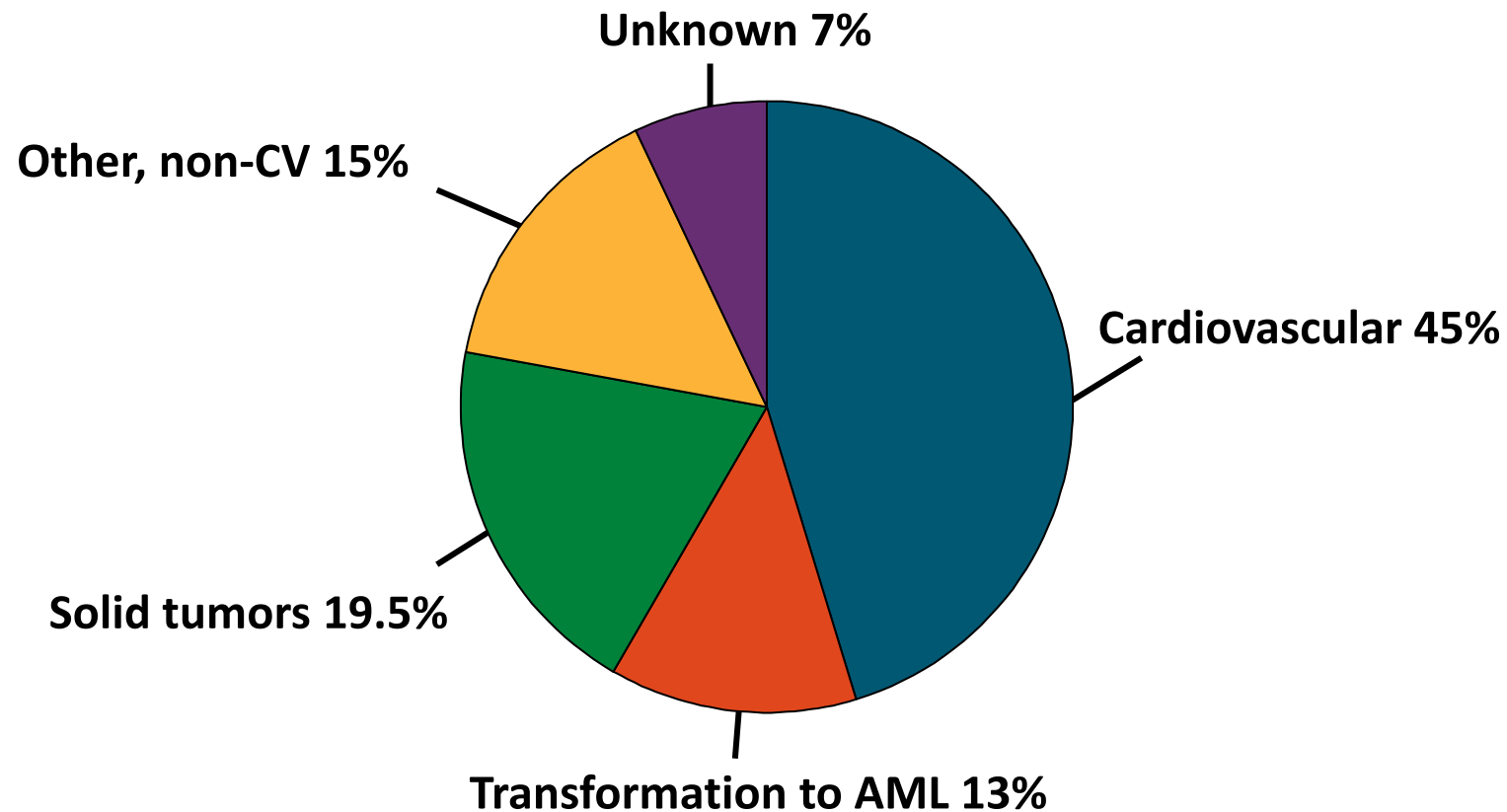


Risk factors	
Age > 67 years	5 points
Age 57-66	2 points
WBC > 15 x10 <sup>9</sup> /L	1 point
Venous thrombosis	1

Risk Categories/score	
LR	0
Int	1-2
HR	≥3

# Thrombosis: A Major Cause of Mortality in PV

- Data from large prospective multicenter project in PV (ECLAP trial); 164 of 1638 patients deceased at time of analysis



# Thrombosis Risk–Adapted Management of ET and PV

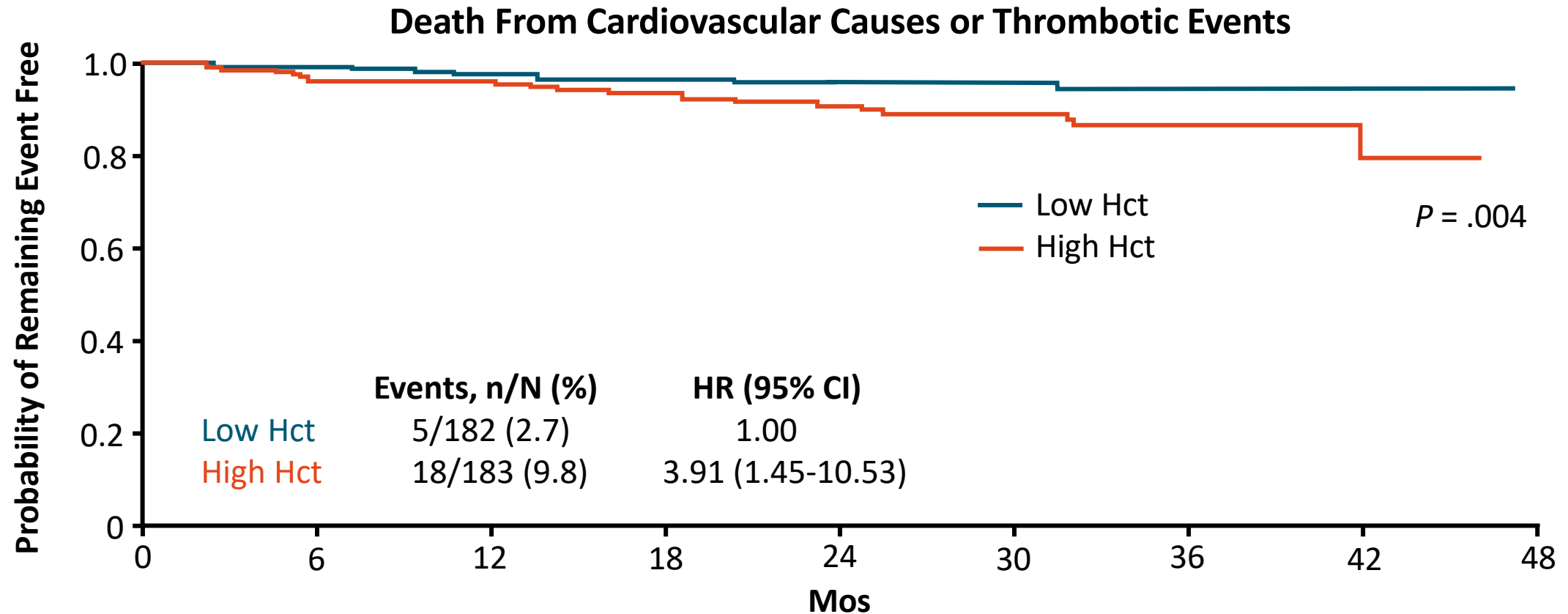
Category	Characteristics	Treatment	
Low risk	Age ≤ 60 yrs AND no history of thrombosis	<ul style="list-style-type: none"> <li>Therapeutic phlebotomy (goal Hct &lt; 45%) in PV</li> <li>Aspirin 81 mg/day for ET/PV*</li> <li>Address CV modifiable risk factors for ET/PV</li> </ul>	
High risk	Age > 60 yrs OR history of thrombosis	<ul style="list-style-type: none"> <li>All the above AND cytoreductive therapy</li> </ul>	
		Cytoreductive therapy	
		First line	Second line
		<ul style="list-style-type: none"> <li>Hydroxyurea for ET/PV</li> <li>Anagrelide for ET</li> <li>PegIFN for ET/PV</li> </ul>	<ul style="list-style-type: none"> <li>Ruxolitinib for PV</li> <li>PegIFN for ET/PV</li> <li>Busulfan (age &gt; 70 yrs) for ET/PV</li> </ul>

\*ASA may not be needed for CALR-mutant ET patients ≤ 60 yrs AND no history of thrombosis.

CV, cardiovascular; ET, essential thrombocythemia; Hct, hematocrit; PegIFN, peginterferon; PV, polycythemia vera.

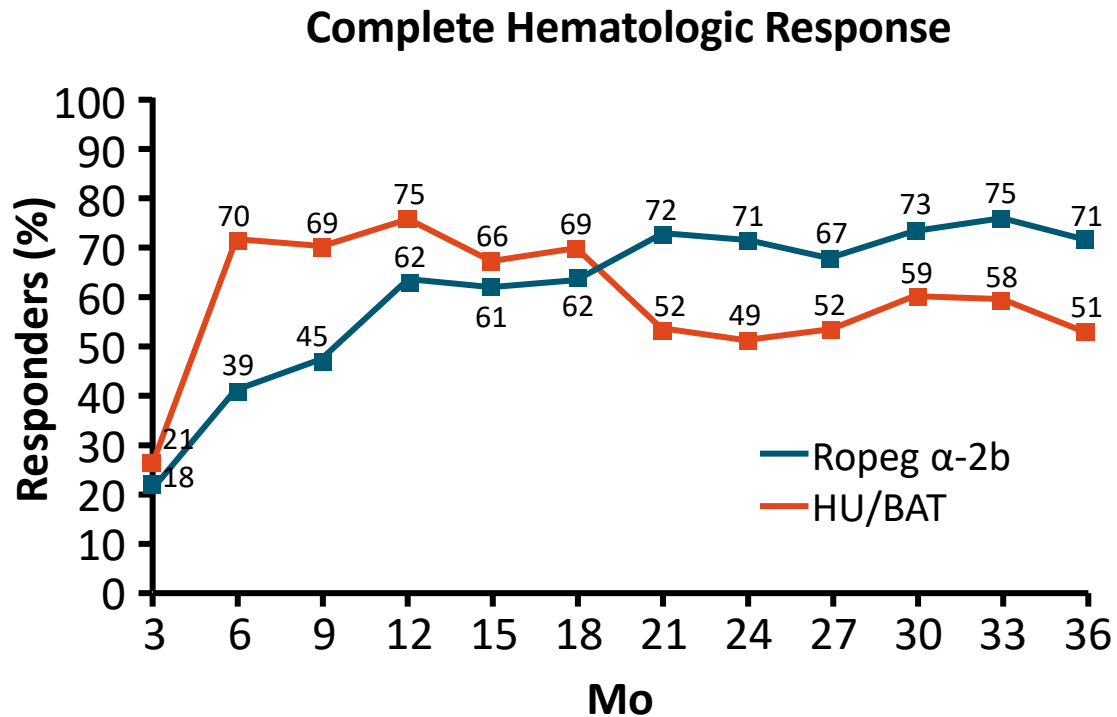
# CYTO-PV: Death From CV or Thrombotic Events by Hematocrit Target

- Randomized, open-label phase III trial in which PV patients were treated to a **lower (< 45%)** or **higher (45% to 50%) Hct target** with ASA + phlebotomy ± cytoreductives (N = 365)



# PROUD-PV/CONTI-PV: Ropeginterferon $\alpha$ -2b for Patients With PV

- Randomized phase III study of **ropeginterferon  $\alpha$ -2b** vs **HU\*** for cytoreductive-naive or previously HU-treated patients<sup>†</sup> with PV (N = 254)



Study Mo	Responder, n/N (%)		P Value	RR (95% CI)
	Ropeg $\alpha$ -2b (n = 95)	HU/BAT (n = 76)		
12 (EOT in PR)	59/95 (62.1)	57/76 (75.0)	.1201	0.85 (0.70-1.04)
24	67/95 (70.5)	33/67 (49.3)	.0111	1.42 (1.08-1.87)
36	67/95 (70.5)	38/74 (51.4)	.0122	1.38 (1.07-1.79)

\*After 12 mos, could switch to BAT. <sup>†</sup>Could not have HU resistance.

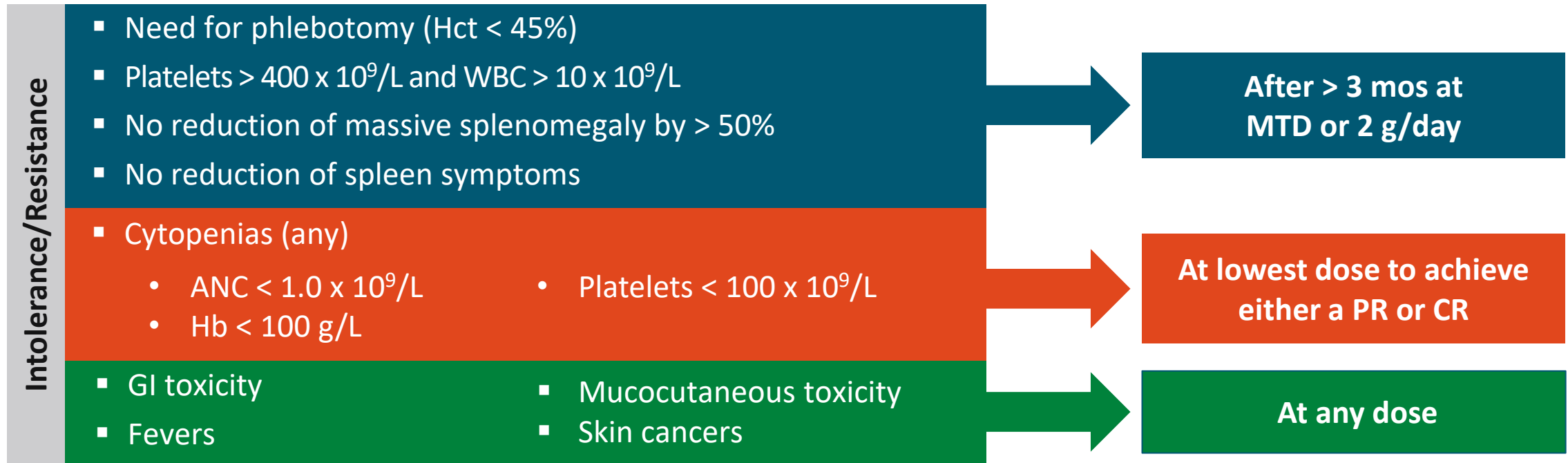
Gisslinger. ASH 2018. Abstr 579.

BAT, best available therapy; EOT, end of treatment; HU, hydroxyurea; PV, polycythemia vera; Ropeg, ropeginterferon; RR, relative risk.

# IFN for First-line PV Treatment

Parameter	Considerations
Patients in whom IFN may be considered	<ul style="list-style-type: none"> <li>▪ Preserved performance status and limited comorbidities</li> <li>▪ Earlier in disease course</li> <li>▪ Modest splenomegaly No additional non-<i>JAK2</i> mutations (?)</li> </ul>
Limitations	<ul style="list-style-type: none"> <li>▪ Potential for short-term negative impact on QoL</li> <li>▪ Tolerable in the long term?</li> </ul>
Impact of use	Early <ul style="list-style-type: none"> <li>▪ Blood count control</li> <li>▪ Address splenomegaly, when modest</li> <li>▪ Reduction in thrombosis risk</li> </ul>
	Late <ul style="list-style-type: none"> <li>▪ Anticlonal activity</li> <li>▪ Potential for regression of histologic changes, delayed transformation</li> </ul>

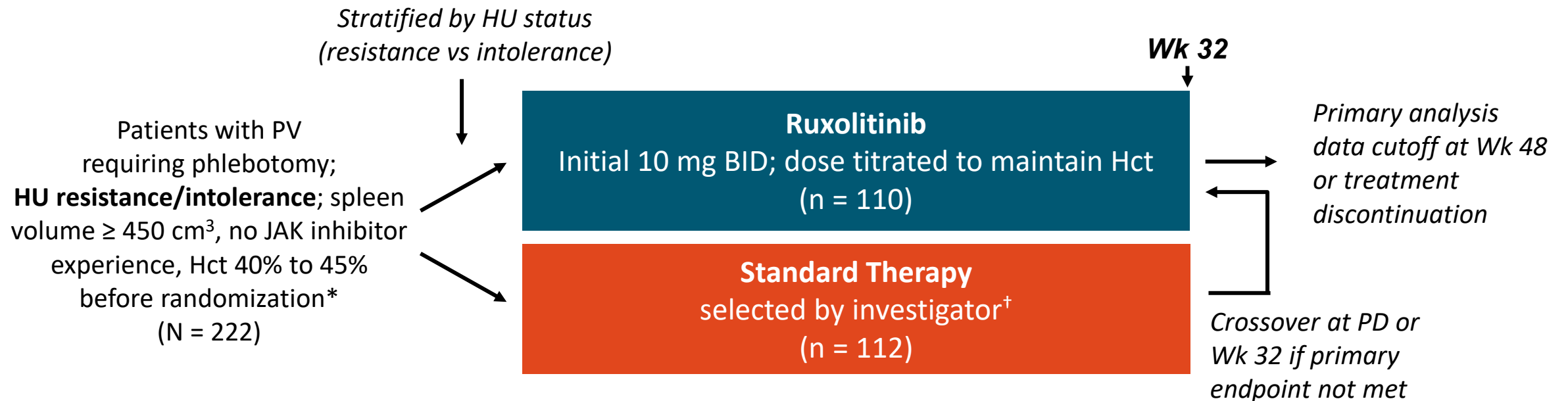
# HU Resistance and Intolerance: ELN Criteria



- Prevalence of HU resistance/intolerance: up to 25%
- Among individual criteria, development of cytopenia at the lowest required HU dose associated with increased risk of MF/AML progression and death
- Uncontrolled PV symptoms can be a trigger to re-evaluate therapeutic strategy

# RESPONSE: Ruxolitinib vs Standard Therapy in Patients With PV and HU Resistance/Intolerance

- International, multicenter, randomized, open-label phase III study
  - Ruxolitinib:** JAK 1 and 2 inhibitor

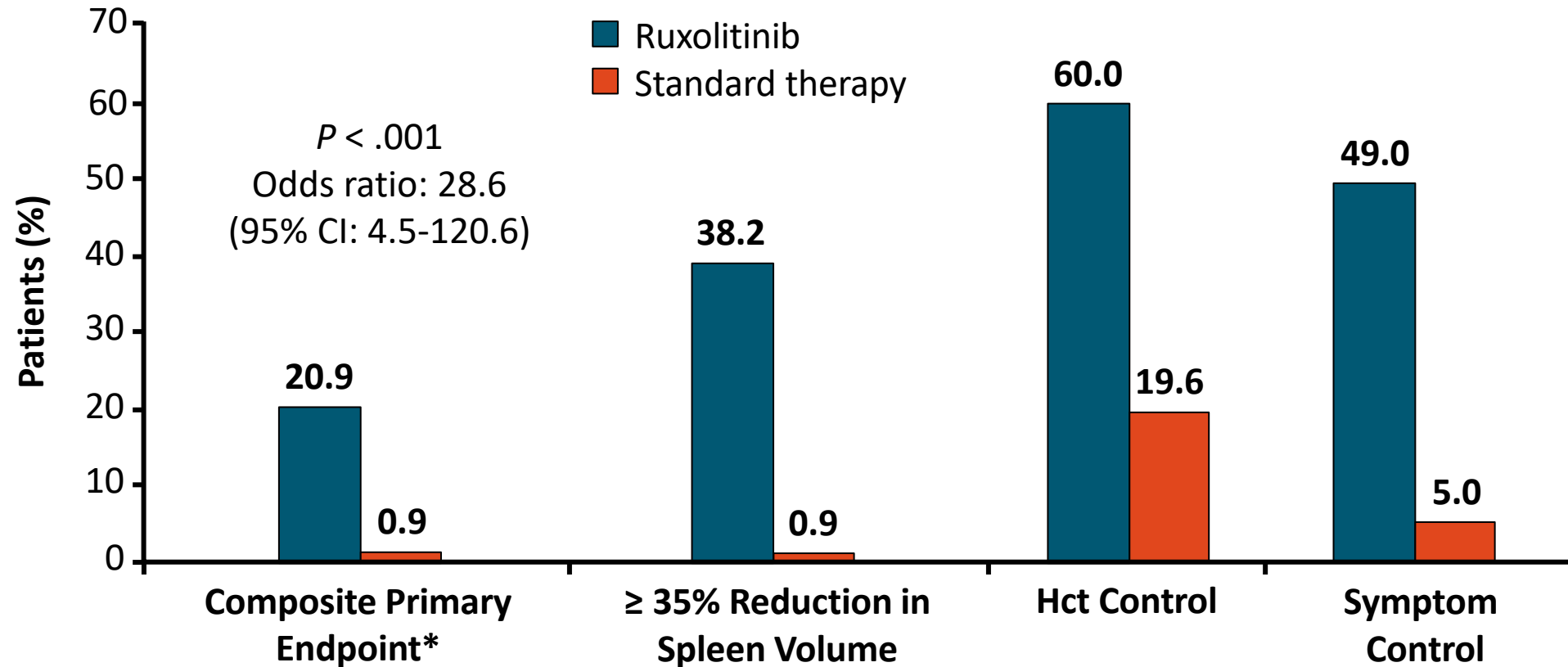


All patients received low-dose ASA.

\*Patients with Hct < 40% or > 50% entered Hct control period prior to randomization. <sup>†</sup>Excluding <sup>32</sup>P, busulfan, and chlorambucil.



# RESPONSE: Key Efficacy Findings at Wk 32



\*Proportion with Hct control + spleen volume reduction ≥ 35%.

- Complete hematologic response also significantly improved with ruxolitinib vs standard therapy (23.6% vs 8.9%;  $P = .003$ )

# RESPONSE: 256-Wk Follow-up Data

- For patients randomized to **ruxolitinib** (n = 110)
  - Median exposure: 255 wks
  - Remained on or completed treatment: 66%
  - For patients achieving response at 32 wks (n = 25), KM estimate of maintaining response for 224 wks:
    - Primary endpoint\*: 0.74
    - Hct control: 0.73
    - Spleen reduction: 0.72

Events/100 PY	Ruxolitinib (n = 110)
Thromboembolic events	1.2
Grade 3/4 thrombocytopenia	1.2
Zoster	4.7
Nonmelanoma skin cancer	5.1
Increased weight	6.1

# RESPONSE-2: Ruxolitinib vs Best Available Therapy in Patients Without Splenomegaly

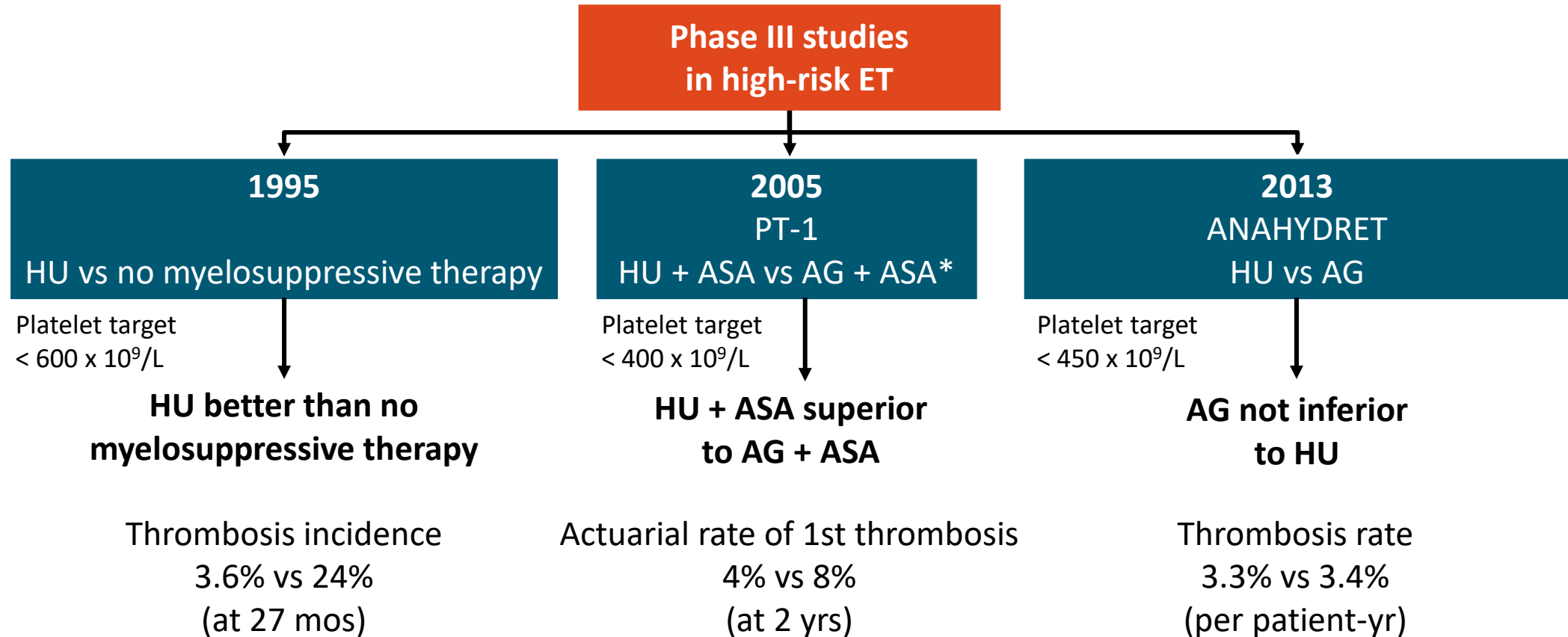
- Multicenter, randomized, open-label phase IIIb study in which patients with HU-resistant/intolerant PV who required phlebotomy and had **no splenomegaly** were treated with **ruxolitinib** or **best available therapy** (N = 149)

Outcome, Wk 28	Ruxolitinib (n = 74)	BAT (n = 75)	P Value
Hct control,* n (%)	46 (62)	14 (19)	< .0001
Complete hematologic response, n (%)	17 (23)	4 (5)	.0019
Complete resolution in symptoms, n/N <sup>†</sup> (%)	17/34 (50)	2/26 (8)	NR
▪ ≥ 50% reduction in MPN-SAF TSS, n/N (%)	29/64 (45)	5/22 (23)	NR

\*Primary endpoint. †Patients with baseline MPN-SAF TSS of ≥ 20.

BAT, best available therapy; Hct, hematocrit; HU, hydroxyurea; MPN-SAF TSS, Myeloproliferative Neoplasm Symptom Assessment Form Total Symptom Score; NR, not reported; PV, polycythemia vera.

# Prospective Randomized Clinical Trials in ET



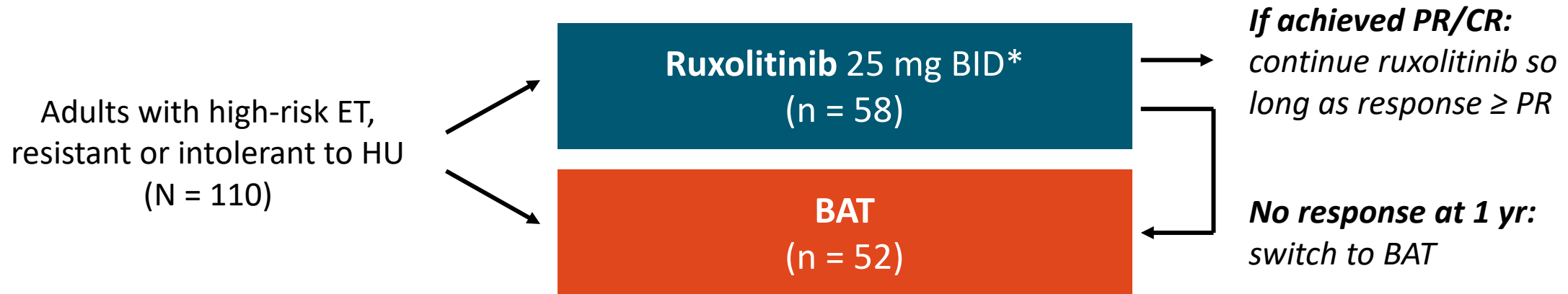
\*Composite primary endpoint: arterial or venous thrombosis, serious hemorrhage, or death from vascular causes.

AG, anagrelide; ASA, aspirin; ET, essential thrombocythemia; HU, hydroxyurea; Plt, platelet.

Cortelazzo. NEJM. 1995;332:1132. Harrison. NEJM. 2005;353:33. Gisslinger. Blood. 2013;121:1720.

# MAJIC-ET: Ruxolitinib vs BAT in Patients With ET Resistant or Intolerant to HU

- Randomized, open-label phase II study

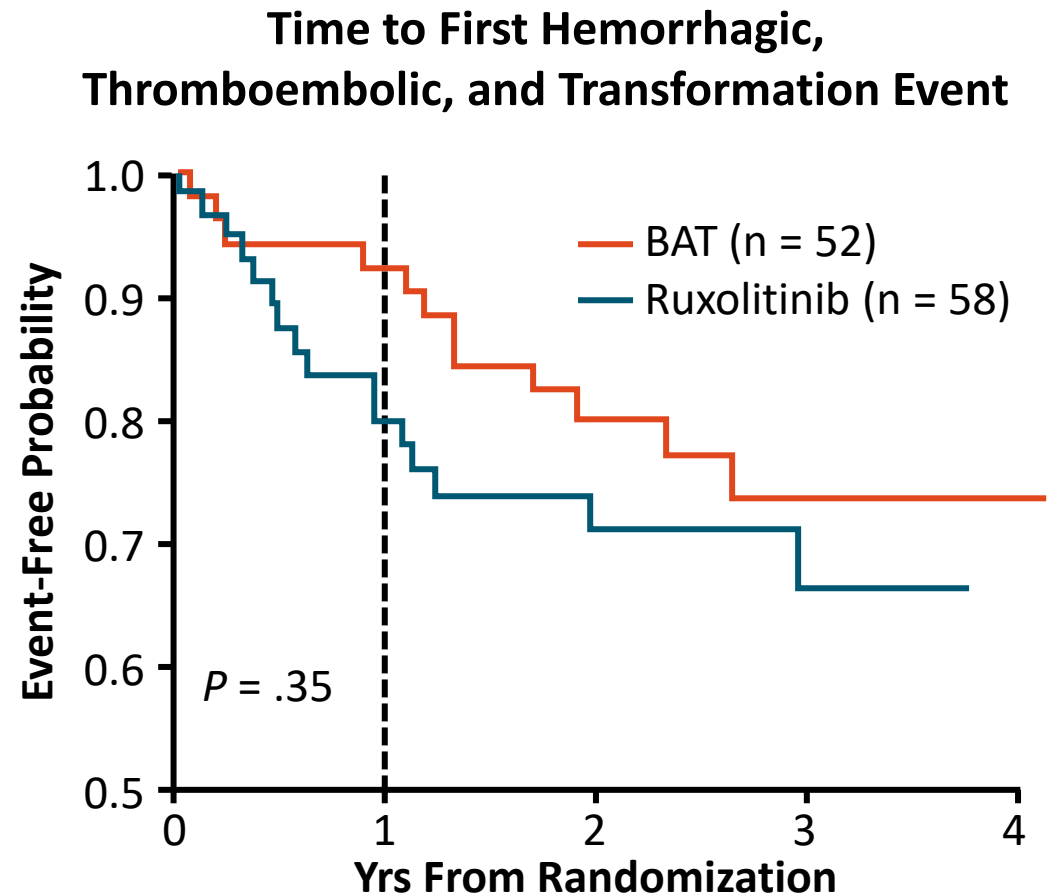


\*If platelets 100-200 x 10<sup>9</sup>/L, ruxolitinib dosed at 20 mg BID.

- Baseline: resistant to HU, 48.2%; intolerant to HU, 51.8%; both, 22.7%
- Primary endpoint: CR rate within 1 yr of treatment (ELN criteria)
- Secondary endpoints: PR rate within 1 yr of treatment, DoR, ORR, histologic response, molecular response, hemorrhagic and thromboembolic events, disease transformation, OS, PFS, QoL, disease symptom burden, safety

# MAJIC-ET: No Difference in Outcomes With Ruxolitinib vs BAT in ET

- No difference in CR, PR within first yr of treatment
  - CR: ruxolitinib, 46.6%; BAT, 44.2% ( $P = .40$ )
- Rates of thrombosis, hemorrhage, or transformation not different between arms at 2 yrs
- More grade 3/4 anemia, thrombocytopenia, and grade 3 infections with ruxolitinib vs BAT
- More d/c with ruxolitinib vs BAT (60% vs 19%)
- Some molecular responses in ruxolitinib-treated patients with *JAK2* V617F or *CALR* positivity
- Better improvement of some disease-related symptoms with ruxolitinib





only perfect counts

**Moffitt MDS Team**